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Assiut University



## **Alumni Bulletin**

**Release: semi-annual  
The Eighteen Issue 2023**

*Alumni newsletter family*

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*Dean of the College*

**Professor/ Mervat Ali Khamis**

*Vice Dean for Environmental Affairs and Community Development*

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*Head of Student and Alumni Standard*

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## Number wisdom



## **Congratulations**

**The Alumni Newsletter family extends its congratulations to:**

- Dr. Amal Abdel Shafi Mohamed, to be promoted to Assistant Professor of Family and Community Health Nursing
- Dr. Heba Abdel-Ghani Muhammad, for her promotion to Assistant Professor of Nursing Administration

It also extends its congratulations to:

- Islam Safwat Jumaa
- Iman Mkhaimer Abdel Hafeez
- Hazem Tarraf Abu Deif
- Zainab Muhammad Abdel Salam
- Marwa Mukhtar Muhammad
- Mona Mahmoud Muhammad Ali
- Hala Mohammed Motamed

To promote them to the position of assistant lecturer in the various scientific departments of the college

## Number character

### Personal data:-



**Name:** Naglaa Abdel Majeed Muhammad Ibrahim

**Position:** Professor and Head of the Department of Psychiatric Nursing and Mental Health

**Specialization:** Psychiatric and mental health nursing

**Date of birth:** September 8, 1969

**Nationality:** Egyptian

**Religion:** Muslim

**Address:** Sayed Marzouk Street, off Abdel Rahman Abu Auf Street, behind Sayed Pharmaceuticals Factory/Assiut.

**Work address:** Faculty of Nursing - Assiut University

**Telephone:** Assiut - 0882102028 / Mobile: 01006248706

**Email:** naglaamohamed181@yahoo.com / noga\_mohamed@aun.edu.eg

### **Qualifications :**

- 1- Doctorate in psychiatric nursing and mental health in 2007
- 2- Master's degree in psychiatric nursing and mental health in 1999
- 3- Bachelor's degree in Nursing in 1991

### **Employment History:**

Lecturer of Psychiatric Nursing and Mental Health at the Faculty of Nursing, Assiut University : 2007

Assistant Lecturer in Psychiatric Nursing and Mental Health, Assiut University: 1999

Teaching Assistant in Psychiatric and Mental Nursing: 1993

Honors student at Assiut University Hospital :1991-1992

### **Supervising scientific research:**

– Until now: Supervising (7) master's theses in the Department of Psychiatric Nursing, Faculty of Nursing, Assiut University: 2007-2008-2009-2010- 2011-2023

Supervising 2 doctoral theses 2009-2010

3 doctoral theses 2011-2023

Supervising research and papers published internationally:

10 papers published locally

5 research papers published globally

### **Activities and training courses:-**

- TOEFL course

- English language course (first level)

(I C D L) International Computer Driving License - Computer Course

### **Personal word number**

**Allow me to begin my speech by congratulating our new graduates on achieving this achievement that deserves appreciation after completing their studies and hard work. By completing your studies and obtaining a master's**

degree, you have succeeded in reaching an important stage in your professional life, and you are now able to pave the way to dedicate your knowledge and services to the benefit of society. I wish you continued success in the future.

**Prof. Dr. Naglaa Abdel Majeed Muhammad Ibrahim**

**Professor and Head of the Department of Psychiatric Nursing and Mental Health**

**Personal information:**



Name: Safaa Omran Kamal Abdullah Date of birth: 11/13/1972

Nationality: Egyptian Marital status: Married

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**Contact information :**

Address: Assiut - Salman Al-Hakim Towers - Al-Rahman Tower - first floor

Email: safaccu2013@gmail.com Phone: 01026926092

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Academic qualification: Bachelor of Nursing Date: 1995 Grade: Very good

Postgraduate Studies: Master's in Community Health Nursing Date: 2015 Grade: Good

: Doctorate in Community Health Nursing Date: 2020 Grade: Good

Place of obtaining the academic qualification: Faculty of Nursing - Assiut University

**Current Position:**

Current job title: Director of the Training and Continuing Education Center, University Heart Hospital, Assiut University

Years of work: (from 1995)

Address: University Heart Hospital - Assiut University

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**Training courses**

1. Training of trainers (TOT) and preparing training packages (P.T.P)
2. Requirements for registering hospitals with the General Authority for Health Accreditation and Control
3. Developing skills towards a new reality
4. Quality standards in health care
5. ISO 9001:2015 Quality management system
6. Internal auditing ISO 9001:2015 Quality management system
7. Read and analyze the EKG
8. Specialized course for intensive care and emergency care
9. Control of advanced hospital infections
10. Ethics of the nursing profession
11. Nanotechnology
12. Preparation course
13. Human development course (Dr. Ibrahim Al-Fiqi
14. Training course on the art of management in nursing

“Praise be to God who guided us to this, and we would not have been guided had God not guided us.”

My sons and daughters are graduates of the College of Nursing. May God bless you and grant you piety and contentment. You must be facing a new life and great responsibilities. Based on my experience for many years, I offer you the first piece of advice, which is that you should fear God. Whoever fears God, He will make a way out for him and provide for him from where he does not expect. Fear God in yourself. In your family, in your workplace, in your colleagues, and finally, fear God with regard to whom God wants to be in your hands and at your mercy (the sick person), for he is your means of obtaining God’s satisfaction. The second advice is to strive continuously and diligently in all aspects. Work on yourself and let graduation be the beginning of education and not the end, despite



the difference in methods. Praise be to God, many doors to learning have been opened that did not exist previously.

Finally, make sure to always leave a good impact wherever and whenever you are, and always make sure to be the first version of yourself and not to be a second version of anyone, and know that pleasing people is a goal that cannot be achieved and pleasing God is a goal that cannot be abandoned.

Wishing you well and happiness

Dr. Safaa Omran Kamal Abdullah

Director of the Center for Training and Continuing Education, University Heart Hospital, Assiut University

## **A statement of some environmental and community service activities for the academic year 2022-2023**

- A training course was held on “Basic life support” for newly appointed faculty assistants and honors students.
- A training course on infection control in health facilities was held for internship students, with the aim of spreading awareness about hospital infections and ways to prevent them.
- A training course on first aid was held for internship students with the aim of training students on the principles of first aid in emergency situations inside and outside the hospital.
- A training course on seminars on communication and professional ethics was held for internship students with the aim of introducing students to the importance of effective communication and commitment to professional ethics.
- A symposium was held on “Professional Ethics” for third year students to introduce students to the ethics of dealing with women during practical procedures.
- A symposium was held on “Climate Change and its Impact on Health” for fourth year students to introduce students to the effects of climate on public health.
- A seminar on Nursing Informatics was held for fourth-year students to increase students’ awareness of the technology used in the field of work and to benefit from it correctly.
- A training course on Basic Life Support was held for internship students to train the students on cardiopulmonary resuscitation.
- A symposium was held on “Sustainable Development Goals” for third year students to increase students’ awareness of the goals of sustainable development in accordance with Egypt’s Vision 2030.
- A symposium was held on “Climate Changes and their Impact on Heart and Respiratory Health” for college employees to spread awareness among employees about the extent of climate impacts on public health.

**A combined report on student activities - Faculty of Nursing - Assiut  
University for the academic year 2023 AD**

**Medical Advice**



**Don't throw it away anymore. The peel of this fruit protects you from cancer and heart disease**



**This is what eating pulp does to your body's cholesterol levels**

# Number topic

## **Artificial intelligence**

Artificial intelligence represents the most important outcome of the Fourth Industrial Revolution due to its multiple uses in the military, industrial, economic, technical, medical, educational, and service applications. It is expected to open the door to limitless innovations and lead to more industrial revolutions, bringing about a radical change in human life, as with the tremendous technological development The accelerating transformations that the world is witnessing in light of the Fourth Industrial Revolution. Artificial intelligence will be the engine of progress, growth, and prosperity over the next few years. It and the innovations that it entails can establish a new world that may now seem like a path of imagination, but current signs confirm that the creation of this world is imminent. The Kingdom of Saudi Arabia has become accustomed to not waiting for the future, but rather entering into it, competing with its technologies, anticipating its challenges, and developing successful solutions to them. This explains the state's keen direction towards investing in activating the technologies of the fourth generation of the industrial revolution, especially artificial intelligence, to achieve its ambitious development goals, as it is the language of the future that... There is no way to understand its ABCs and eliminate its illiteracy, and the dependence of many economic sectors such as health, education, services and other vital sectors on it, in addition to the great economic opportunities it provides to many economic sectors in the country, and its ability to achieve huge profits while applying its uses and relying on the information it provides. Accurate consultations, and its positive effects in reducing dependence on the human element and labor, which raises the quality of products and reduces spending. To enhance the development and accelerate the activation of artificial intelligence applications at all governmental and private levels, the state has adopted many mechanisms, including developing specialized scientific competencies and local capabilities in the field of artificial intelligence, training government employees by involving them in specialized courses in data

science, and creating a culture of artificial intelligence among groups. Society to facilitate the spread of the use of applications that rely on these technologies and create digital citizens capable of dealing with them, and to enhance the concerted efforts of governmental, educational and international institutions to raise awareness of the basics of this field. The Kingdom of Saudi Arabia, represented by the Saudi Data and Artificial Intelligence Authority, launched the initiative.

## Do you know??

- Did you know that the heart of a shrimp is located in its head?
- Did you know that the polar bear's fur is white while its skin is black?
- Did you know that hippopotamuses and horses are related breeds?
- Did you know that goats have a dialect and they understand each other?
- Did you know that there are 32 muscles in a cat's ear?
- Did you know that snails can renew their eyes?
- Did you know that before modern artificial teeth were made, dentures were also taken from soldiers who died in wars?
- Did you know that the poverty and unemployment rate in Japan is the lowest in the world, even though Japan is one of the most densely populated countries in the world?
- You know that lions are afraid when they hear a rooster crow, despite the great power that lions possess.
- Did you know that Mars' gravity is much weaker than Earth's?

## **Information that interests you**

1. Habits that destroy the kidneys: not drinking enough water and eating large amounts of salt and sugar. Taking large amounts of non-steroidal painkillers such as Ketophan, Ibuprofen, Cataflam, etc. Holding urine for long periods. Eating large amounts of protein. Not sleeping enough.
2. If you wake up with a sore throat, mix water with two tablespoons of honey, a teaspoon of vinegar, half a teaspoon of cinnamon, and two tablespoons of lemon. Mix them well and eat them, and you will feel better.
3. To check the quality of saffron, place threads of saffron in the mouth. If you feel a sweet taste, it is low quality fake saffron as high quality saffron smells strong, but has no taste at all.
4. The pituitary gland is one of the endocrine glands (that is, the one that secretes its hormones directly into the blood without ducts, but it is called the maestro because it produces hormones that control other glands, and therefore it is also called the lady of the endocrine glands).
- .5The six books are the books that the scholars of the Noble Prophet's Hadith have agreed to detail and to be reliable over other books of Hadith. They are known as the Book of Sahih, which is Al-Jami' Al-Sahih by Imam Al-Bukhari, Sahih Muslim by Imam Muslim bin Al-Hajjaj, Sunan Al-Tirmidhi by Imam Al-Tirmidhi, Sunan Ibn Majah by Imam Ibn Majah. Sunan Abi Dawud, by Imam Abi Dawud.



## **Graduates of the College of Nursing who have been assigned to college departments**

1. Marina Nashaat Lewis Internal Surgical Nursing
2. Ahmed Abdel Hamid Mahmoud, critical care and emergency nursing
3. Ahmed Sayed Sultan, critical care and emergency nursing
4. Yara Abdel Azim Fouad, Critical Care and Emergency Nursing
5. Amr Ashraf Foley, Elderly Nursing
6. Bassem Tharwat Mansour, Critical Care and Emergency Nursing
7. Rashid Ramadan, Elderly Nursing
8. Youmna Muhammad Pediatric Nursing
9. Fatima Saber Farghali Pediatric Nursing
10. Jihan Mahmoud Muhammad, Obstetrics and Gynecology Nursing and Reproductive Health
11. Zainab Mahmoud, Obstetrics and Gynecology Nursing and Reproductive Health
12. Rania Mohamed Sayed, Psychiatric Nursing and Mental Health
13. Rehab Adel Abdeen, Nursing Administration
14. Eman Abdel Sabour, Nursing Administration
15. Heba Ali Mustafa, Internal Surgical Nursing
16. Abeer Hassan Al-Sayed, Internal Surgical Nursing
17. Farha Arif Ismail, Internal Surgical Nursing
18. Al-Shaima Ezz Muhammad, Nursing Administration
19. Muhammad Naguib Rajab, Critical Care and Emergency Nursing
20. Marina Mamdouh Adly, Elderly Nursing
21. Sawsan Rabie Hafez, Family and Community Health Nursing
22. Asmaa Salah Kamel, Family and Community Health Nursing
23. Asma Hosni Hussein, Psychiatric Nursing and Mental Health
24. Wafaa Ali, Mr. Elderly Nursing

# Nursing Alumni Association

## رابطة خريجي كليات التمريض

مشهرة برقم ١٠٢٠

٢٨ مارس ١٩٩٠

تأسست رابطة خريجي كليات التمريض عام ١٩٩٠  
وتم تغيير اسمها إلى رابطة خريجي كليات التمريض عام ٢٠٠١

## الرسالة

المساندة والارتقاء بخريجي كليات التمريض ليصبحوا ذات كفاءة عالية من خلال عقد ندوات علمية وبرامج تدريبية في مجال الرعاية الصحية للارتقاء بصحة المجتمع ورفاهيته.

## الروية

تضم رابطة خريجي كليات التمريض الكفاءات والمفاتيح التي تجعل منها كياناً متميزاً في مختلف الاتجاهات المهنية والعلمية والاجتماعية، كما تقوم بمساندة وتوجيه خريجي كليات التمريض لمواجهة مشكلاتهم المهنية المختلفة، كذلك التعاون مع الجهات المعنية للمشاركة في التنمية العلمية، المهنية والاجتماعية مما ينعكس إيجابياً على الارتقاء بصحة المجتمع في جميع أنحاء جمهورية مصر العربية، بل ومنطقة الشرق الأوسط.

## الأنشطة

وتشمل الأنشطة الثقافية، الاجتماعية، العلمية والتوعوية والإعلام، وتهدف هذه الأنشطة إلى الإهتمام بالأعضاء من النواحي الثقافية، الاجتماعية، الصحية والعلمية.

## الأنشطة الثقافية

- الهدف، الإهتمام بالأعضاء (خريجي كليات التمريض) في جميع النواحي الثقافية.
- ويتحقق ذلك عن طريق -
- عقد ندوات ثقافية وأدبية.
- عمل دورات لدراسة اللغة الإنجليزية والكمبيوتر
- إصدار مجلة ثقافية إجتماعية
- تنظيم مسابقات ثقافية وأدبية
- نشر الوعي للحد من المشاكل الصحية والبيئية.
- للمساهمة في التنمية الاجتماعية والبيئية من خلال المشاركة مع الجهات والهيئات المعنية.

## الأنشطة الاجتماعية

- الهدف، الإهتمام بالأعضاء وأسرة من جميع النواحي الاجتماعية والصحية.
- ويتحقق ذلك عن طريق -
- توفير رعاية صحية مناسبة للأعضاء وأسرة
- تكريم المتفوقين في الأنشطة (العلمية - الأدبية - الثقافية الرياضية.... الخ)
- تنظيم رحلات الحج والعمرة
- تنظيم رحلات ترفيهية
- الاتفاق مع الشركات المختصة لتوفير السلع العمرة والمنتجات الأخرى بأسعار مناسبة أو بالتصحيح.

## الأعضاء المؤسسين

أستاذة دكتور / فريال عبد العزيز على  
أستاذة دكتور / ليلى إبراهيم كامل  
دكتورة / سحر محمد سليمان  
دكتورة / أمل إبراهيم أحمد  
دكتورة / أمية العالم  
أستاذة / مها نجا

## نطاق العمل الجغرافي

جمهورية مصر العربية، مقرها الرئيس الإسكندرية، ولها فروع بكل المحافظات.

## مجلس الإدارة :

- يتكون مجلس الإدارة من ١٣ عضواً من مختلف الجامعات المصرية والمؤسسات الصحية ويتكون كالتالي،
- رئيس مجلس الإدارة
- نائب رئيس مجلس الإدارة
- أمين الصندوق
- الأمين (السكرتير العام)
- رؤساء ومقرري وأعضاء اللجان

## شروط عضوية الجمعية

- أن يكون حسن السيرة والسلوك
- أن يكون حاصل على بكالوريوس تمريض
- أن يقدم طلباً للانضمام مصحوباً برسم التبدل ورفعه ( خمسة عشر جنيهاً - ١٥ فقط لا غير)
- وأن يوضح في هذا الطلب اسمه ولقبه وجنسيته ومحل إقامته ومهنته وطريقته بصداد رسم العضوية السنوي