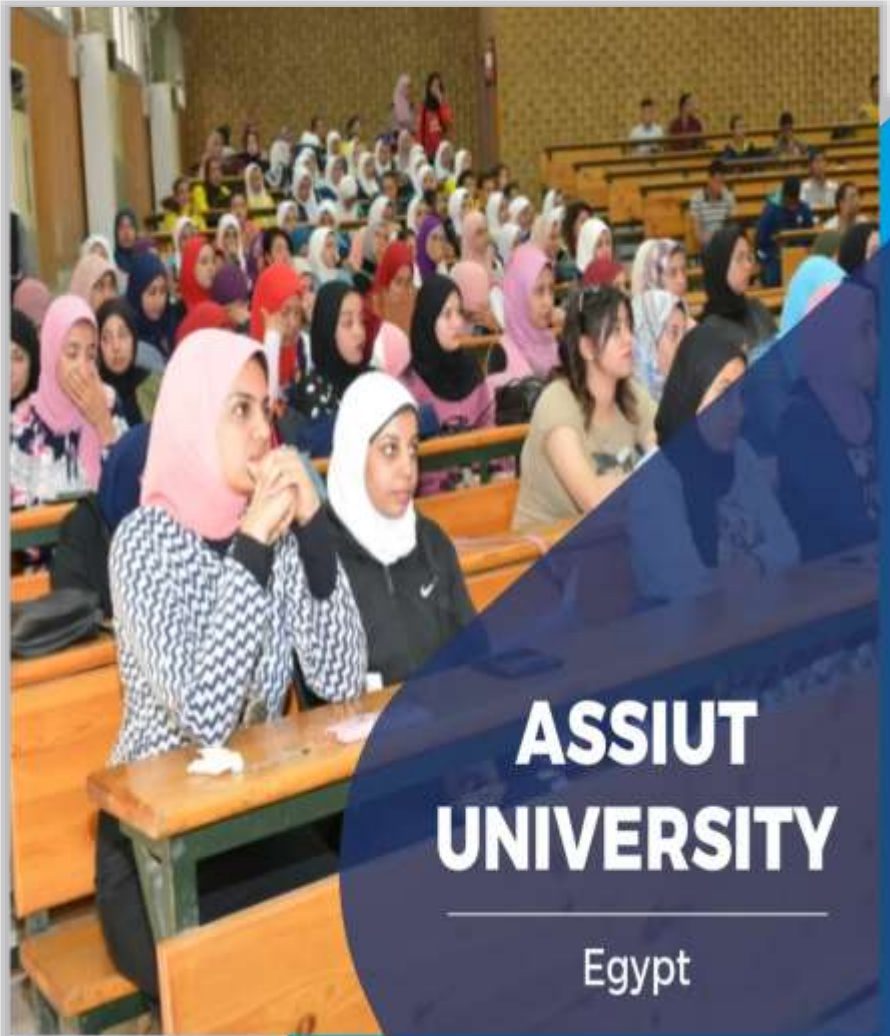


The best for All



SEXUAL & REPRODUCTIVE HEALTH SERVICES IN ASSIUT UNIVERSITY



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Introduction:

Assiut University is one of the oldest and largest Egyptian universities, and its medical sector has earned recognition as a major healthcare provider in Upper Egypt, serving over 20 million people annually. Within this broad service, the University's women's health and youth-health initiatives play a central role in advancing reproductive and sexual health across the region.

At the heart of these efforts is the University's Women's Health Hospital (established in 2005, with 331 beds and multiple advanced obstetrics and gynecology subspecialties). This hospital offers dedicated family-planning outpatient clinics (including combined oral contraceptives, progestin-only pills, monthly injectables, implants, and copper intrauterine devices) in cooperation with the Egyptian Ministry of Health & Population. It also hosts the "Safe Woman" initiative, including a medical response unit for abused women—the first of its kind in Upper Egypt—addressing both reproductive health and gender-based violence within a holistic women's-health framework.

On the youth side, the University's Youth Health Center (YHC) offers nutrition services, early detection screenings (including chronic disease and reproductive health issues), and seminars inside and outside the campus. A study of the YHC found that while the majority of students (92.8 %) agreed that students need sexual and reproductive-health (SRH) information, only 15.1 % were aware the YHC existed, highlighting both strong demand and the need for expanded outreach.

Furthermore, the University actively engages in community awareness and screening campaigns: the College of Nursing conducts seminars to raise awareness of women's reproductive health and participated in the national "100 Million Health" initiative for early detection of breast cancer. The Women's Health Hospital has also inaugurated an advanced fetal-care unit offering interventional fetal therapy and early diagnosis of congenital anomalies—an innovative service in the region.

From a family-planning perspective, studies in the Assiut district show that the modern contraceptive prevalence was 62.8 % (though still below global targets), with intrauterine devices (IUDs), pills and implants as the most common methods. This reflects the strong emphasis that Assiut University places on family-planning services as part of its reproductive-health mandate.

In summary, Assiut University's medical sector—especially through its Women's Health Hospital and Youth Health Center—contributes significantly to improving reproductive health outcomes and expanding access to services (nutrition, early detection, family planning, education) across Upper Egypt. These efforts underline the University's role in transforming lives and supporting healthier communities.



Vision and Mission of Assiut University

Vision

Leadership in building a knowledge-based society.

Mission

Assiut University is a public university that mobilizes and utilizes its resources to achieve its vision through:

- Providing high-quality education that produces distinguished generations of graduates capable of innovation and competitiveness in the labor market.
- Conducting outstanding scientific research that effectively contributes to the production and dissemination of knowledge in all university disciplines.
- Achieving excellence in community service and environmental development.
- Upholding academic values and university traditions.



Women's Health University Hospital services

Women's Health University Hospital is one of the largest hospitals in the Medical City of Assiut University. It is the largest university hospital in Upper Egypt, specializing in providing medical services to women in Assiut Governorate and neighboring governorates. It is visited daily by a very large number of cases in the hospital's various departments, including outpatient clinics, emergency reception, and operating departments.

As for the administration of Assiut University and the administration of university hospitals, due to the university's societal role in solving the population problem, many activities and procedures have been carried out in cooperation with the family planning sector and the Assiut Health Directorate, with the aim of increasing awareness of the importance of using various family planning methods to contribute to reducing population growth.

In this context, an initiative was launched to install an IUD during induced labor, with the aim of providing women with immediate family planning services and to continue using this method. The University Women's Health Hospital is participating in this initiative in a major way, as it is the largest hospital in terms of the number of births that take place daily. There has been a noticeable increase in the percentage of IUD installations.

The University Women's Health Hospital plays a significant role in this initiative being the largest hospital in terms of the number of daily births. A good increase in the rate of IUD insertion during cesarean sections has been observed, with the following percentages

During the first quarter of 2024-2025, :the percentage was as follows

Month	Number of cesarean births	IUD insertion	Ratio
January	500	7	1.4
February	389	37	9.5
March	432	41	9.5

During the second quarter of 2024-2025 , :the percentage was as follows

Month	IUD insertion	Number of cesarean births	Ratio
April	61	378	16.1
May	51	371	13.7
June	52	373	13.9

During the third quarter of 2024- 2025 , :the percentage was as follows

Month	IUD insertion	Number of cesarean births	Ratio
July	54	468	11.5
August	66	573	11.5
September	104	474	21.9

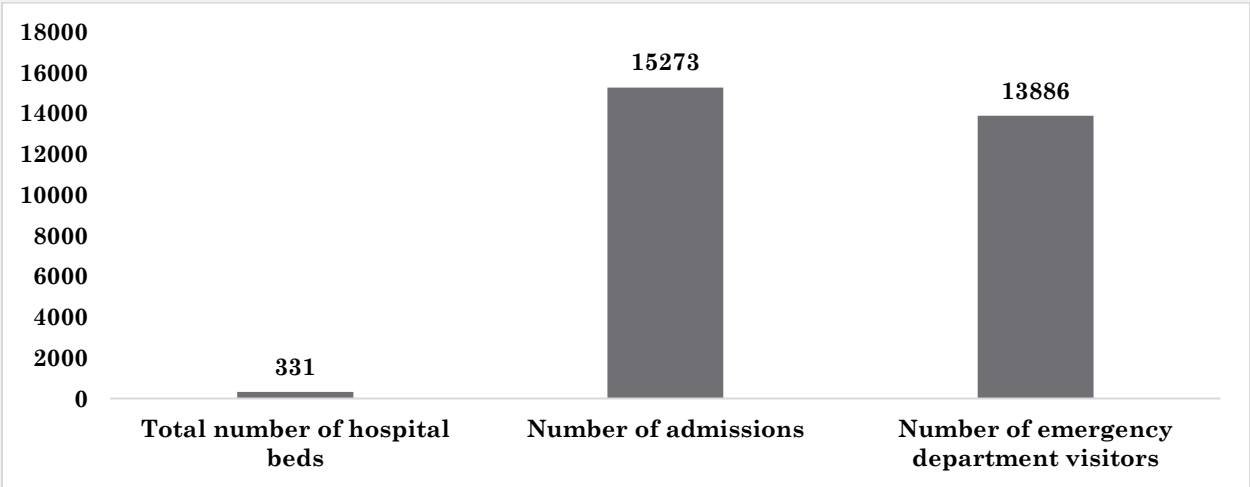
During the Fourth quarter of 2024- 2025 , :the percentage was as follows

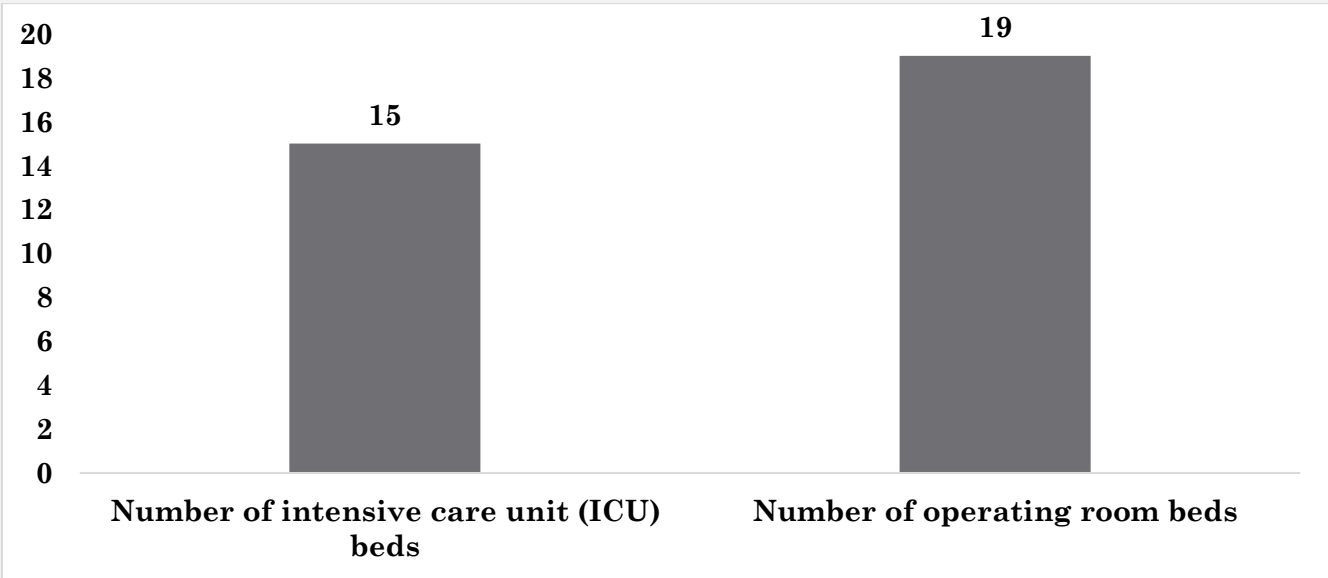
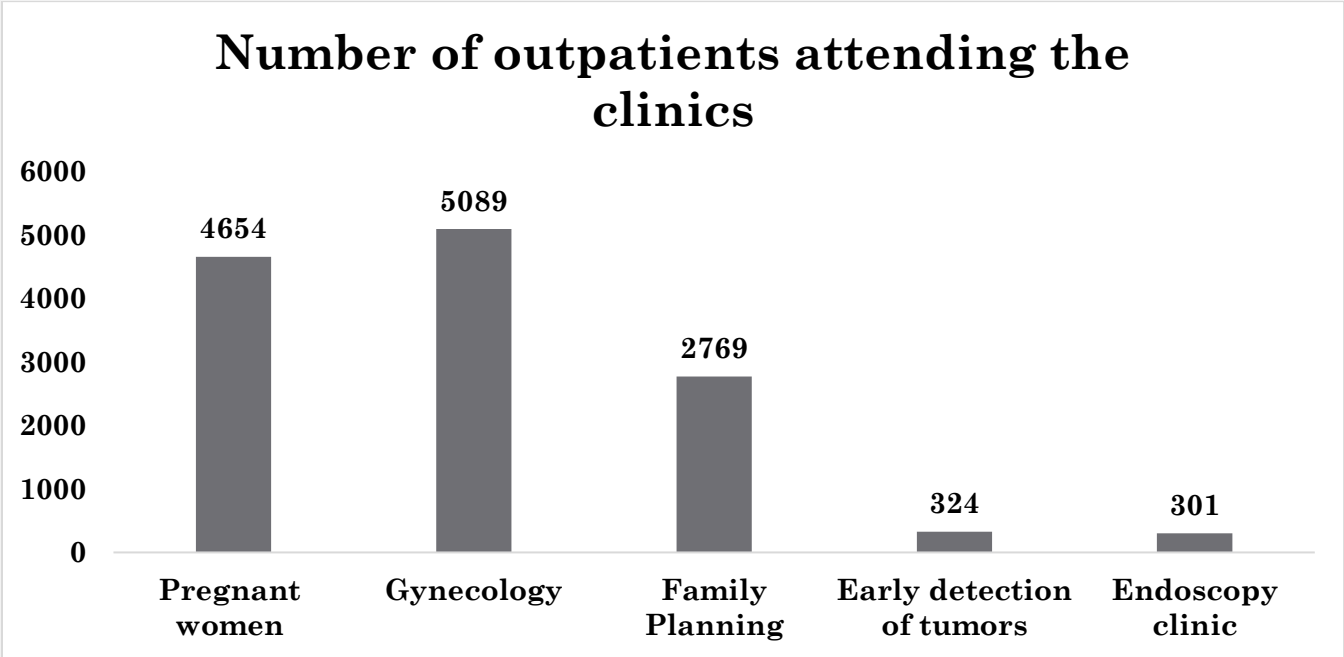
Month	IUD insertion	Number of cesarean births	Ratio
October	69	411	16.7
November	90	585	15.4
December	123	498	24.7

Significant progress has been made in IUD insertion rates during the year, starting from 1.4% and reaching 21.9%.

In 2024, the Women’s Health University Hospital at Assiut University further enhanced its role as a leader in women’s health in Upper Egypt. Notably, it introduced two new postgraduate diplomas for the year 2024/2025, one in Assisted Fertilization and one in Gynecologic Endoscopy — to train doctors in the latest fertility and endoscopic surgical techniques. The hospital’s Advanced Fetal Care Unit expanded its services to include interventional fetal therapy and in-utero blood transfusion, reflecting its capacity to handle highly specialized cases.

Moreover, the hospital’s laboratories became among the first in Egyptian universities to receive CAP accreditation — strengthening diagnostic reliability. Research initiatives also continued, including a 2024 study on violence and sexual dysfunction among infertile women served by the hospital. These developments reinforce the hospital’s dual mission of high-quality clinical care and academic excellence.





Health education seminars of Women's Health University Hospital

The Women's Health University Hospital is one of the largest hospitals within the Medical City of Assiut University and the largest university hospital in Upper Egypt specializing in women's health services. It serves women from Assiut Governorate and neighboring Upper Egyptian governorates, providing comprehensive medical care through its outpatient clinics, emergency units, surgical departments, and inpatient wards.

In 2024, the hospital continued to play a leading role in providing specialized obstetric and gynecological care, including:

- Advanced reproductive health services focusing on fertility treatments and maternal care.
- Early detection and screening programs for breast, cervical, and ovarian cancers, in collaboration with the Ministry of Health and Assiut Health Directorate.
- Expansion of the Endoscopy Unit and the Early Tumor Detection Clinic, enhancing diagnostic and treatment capabilities.
- Implementation of family planning initiatives, such as the postpartum intrauterine device (IUD) insertion program, launched to improve access to immediate and effective contraception after delivery.

As part of its community outreach and awareness efforts, the hospital organized multiple health education seminars and workshops in 2024 to raise awareness about:

- Early cancer screening and prevention.
- Antenatal and postnatal care.
- Safe motherhood and family planning.

- Urinary incontinence management and gynecological health.

Through these initiatives, the hospital strengthened its mission of promoting women's health, reducing maternal and neonatal mortality, and supporting Egypt's national goals for population control and sustainable development.

Within the framework of educational seminars, 18 educational seminars were held in cooperation with rural female leaders in the Family Planning Department of the Health Directorate, aimed at raising awareness among women visiting the hospital about the importance of family planning methods.

Mobile clinic for family planning services

As for the mobile clinic services that aim to provide family planning services to working women at Assiut University, a number of 10 mobile clinics during 2024:

During the first quarter of 2024, the percentage was as follows

Month	No. of Women
January	48
February	24
March	100

During the second quarter of 2024 , the percentage was as follows

Month	No. of Women
April	124
May	217
June	207

During the third quarter of 2024 , the percentage was as follows

Month	No. of Women
July	344
August	234
September	148

During the fourth quarter of 2024 , the percentage was as follows

Month	No. of Women
October	260
November	329
December	210

Every service is provided for free



Faculty of Medicine- Assiut University

Awareness Symposium Entitled “Overview of Dengue Fever”

Target Group: Physicians, Nurses, Medical Students , Medical Interns, civil society

Date: January 10, 2024

Place: Main University Hospital Conference Hall

Attendance: 120

Objectives: Awareness about diagnosis, prevention and treatment of Dengue Fever

Main Topics:

The scientific day included the following lectures:

*** Parasitological View — delivered by Dr. Nahed Ahmed El-Assily, Assistant Professor of Medical Parasitology.**

*** Microbiological View — delivered by Dr. Mikhail Nazmi Agban, Professor of Microbiology and Immunology.**

*** Facts and Fiction — delivered by Dr. Mohamed Abdelsabour, Professor of Tropical Medicine and Gastroenterology.**

Summary:

The Community Service and Environmental Development Sector at the Faculty of Medicine, in cooperation with the Departments of Medical Parasitology, Microbiology, and Tropical Medicine & Gastroenterology, organized today — Wednesday, January 10, 2024 — a scientific day entitled “Overview of Dengue Fever” at the Main University Hospital Conference Hall.

The event was held under the patronage of Prof. Ahmed El-Minshawi, President of the University, Prof. Mahmoud Abdel-Aleem, Vice President for Community Service and Environmental Development Affairs, and Prof. Alaa Attia, Dean of the Faculty of Medicine and Chairman of the University Hospitals Board.

The symposium was supervised by Prof. Saad Zaki, Vice Dean for Community Service and Environmental Development, Prof. Doaa Abdel-Hafiz Younes, Head of the Department of Medical Parasitology, Prof. Noha Abdel-Halim Afifi, Head of the Department of Microbiology and Immunology, and Prof. Madiha El-Attar, Head of the Department of Tropical Medicine and Gastroenterology.

The event was attended by many faculty members, assistants Lecturers from various departments, and physicians from the Ministry of Health and Health Insurance Organization.



Team of Young Doctors Conducts a Field Visit to Al-Salam Preparatory School to Raise Awareness about Lung Cancer and the Dangers of Smoking

Target Group: School Students

Date: Thursday, February 22, 2024.

Attendance: 200

Place: Salam Preparatory School

Objectives: The visit aimed at enhancing students' engagement in scientific activities and conferences. A total of 25 medical students from various academic years participated in the outreach program, where they met with over 200 school students to raise their awareness about the dangers of smoking, its harmful effects on the respiratory system, and its potential to cause lung cancer, circulatory failure, and other serious physical and psychological health problems.

Main Topics:

The Student Day program featured:

- A discussion session between Prof. Mohamed Ayad and intern Moamen Mohamed Roshdy, alongside student Shaimaa Hegazy, on *the history of cardiothoracic surgery*.
- A lecture by Prof. Mahmoud El-Husseiny on one of the pressing thoracic conditions, titled *"Pneumothorax."*
- A presentation by students Manar Magdy and Ahmed Sayed on *the impact and effectiveness of student participation in scientific conferences*.
- A talk by intern Fatma Ali Khallaf on *open-heart surgeries and cardiac stenting*.
- A session on *chest trauma and injuries* presented by students Ahmed Wael and Mohamed Ahmed.
- A segment by student Amr Khaled on *Soft Skills* and their role in enhancing the efficiency and performance of medical students.
- The day concluded with an interactive educational session titled *"Jeopardy Game"* presented by student Manar Alaa.

Summary:

Team of Young Doctors Conducts a Field Visit to Al-Salam Preparatory School to Raise Awareness about Lung Cancer and the Dangers of Smoking

As part of the activities of the 10th Thoracic Surgery Workshop organized by the Department of Cardiothoracic Surgery, Faculty of Medicine, Assiut University, and under the patronage of Prof. Ahmed El-Minshawi, President of the University, Prof. Alaa Attia, Dean of the Faculty of Medicine and Chairman of the University Hospitals Board, Prof. Amani Omar, Vice Dean for Postgraduate Studies and Research, and Prof. Mohamed Ayad, Head of the Cardiothoracic Surgery Department, a team from Beyond the White Coat, in collaboration with ASSA Assiut Team, conducted a field visit to Al-Salam Preparatory School in Assiut Governorate on Thursday, February 22, 2024.

The visit aimed at enhancing students' engagement in scientific activities and conferences. A total of 25 medical students from various academic years participated in the outreach program, where they met with over 200 school students to raise their awareness about the dangers of smoking, its harmful effects on the respiratory system,

and its potential to cause lung cancer, circulatory failure, and other serious physical and psychological health problems.

This community outreach activity served as a preliminary event within the schedule of the Thoracic Surgery Workshop, held on February 29, 2024, and preceded by the Student Day on Wednesday, February 28, 2024. The event included wide participation from students, house officers, and faculty members.

The Student Day program featured:

- A discussion session between Prof. Mohamed Ayad and intern Moamen Mohamed Roshdy, alongside student Shaimaa Hegazy, on *the history of cardiothoracic surgery*.
- A lecture by Prof. Mahmoud El-Husseiny on one of the pressing thoracic conditions, titled *“Pneumothorax.”*
- A presentation by students Manar Magdy and Ahmed Sayed on *the impact and effectiveness of student participation in scientific conferences*.
- A talk by intern Fatma Ali Khallaf on *open-heart surgeries and cardiac stenting*.
- A session on *chest trauma and injuries* presented by students Ahmed Wael and Mohamed Ahmed.
- A segment by student Amr Khaled on *Soft Skills* and their role in enhancing the efficiency and performance of medical students.
- The day concluded with an interactive educational session titled *“Jeopardy Game”* presented by student Manar Alaa.

The student organizing team and house officers extended their sincere appreciation and gratitude to the professors and staff members of the Department of Cardiothoracic Surgery for their continuous support of student participation and for providing such valuable opportunities for professional development. Special thanks were also given to student Mahmoud Abu Deif for his efforts in managing the media and publicity aspects of the team's activities



Awareness Launch of a Workshop for Internship Doctors (Batch 59)

Titled: “*Professional and Psychological Support Resources in Coping with Stress*”

Target Group: Medical Interns

Date: Sunday, September 1, 2024

Attendance: 450

Place: eight Hall, Administrative Building

Objectives: Orientation about “*Professional and Psychological Support Resources in Coping with Stress*”

Main Topics:

Following the opening session, Dr. Mahmoud Abdel-Alim delivered a lecture titled “*How to Become a Good Doctor.*”

Lectures were also given by Dr. Alaa Darwish, Professor of Psychiatry at Assiut University Faculty of Medicine; Dr. Idris Hassan Zaki, Pediatric Consultant and Director of the Bright Minds Unit; and Dr. Esraa Nabil, training doctor in the Egyptian Fellowship of Psychiatry.

The event included video presentations of training and examination periods in various departments, along with entertainment segments and a talent show featuring the interns.

The workshop concluded with the recognition of the group leaders among the internship doctors and distribution of awards to participants in the talent activities.

Summary:

Launch of a Workshop for Internship Doctors (Batch 59)

Titled: “*Professional and Psychological Support Resources in Coping with Stress*”
In cooperation with the Egyptian Society for Heart and Diabetes

Under the patronage of Dr. Ahmed El-Minshawy, President of the University, Dr. Ahmed Abdel-Mawla, Vice President for Education and Student Affairs, Dr. Mahmoud Abdel-Alim, Vice President for Community Service and Environmental Development, Dr. Alaa Attia, Dean of the Faculty of Medicine and Chairman of the University Hospitals Board, Dr. Amani Omar, Vice Dean for Postgraduate Studies and Research, and Dr. Mohamed Abdel-Rahman, Vice Dean for Education and Student Affairs.

On Sunday, September 1, a workshop for internship doctors (Batch 59), system (5+2), was launched under the title “*Professional and Psychological Support Resources in Coping with Stress for Internship Doctors.*” The event was held in Hall Eight at the University Administrative Building, in cooperation with the Egyptian Society for Heart and Diabetes and Bright Minds Unit, which specializes in evidence-based psychological support for medical students at Assiut University.

Dr. Ahmed El-Minshawy, President of the University, expressed his condolences on the passing of Dr. Emad Zareef, former Director of the Compulsory Internship Program and Professor of Anesthesiology and Intensive Care at the Faculty, who was known for

his generosity and boundless support for students and interns. A shield and commemorative gift were presented in honor of the late professor's memory.

The workshop was also attended by Dr. Mohamed El-Yemeni, Head of the Department of Internal Medicine; Dr. Soheir Kassem, Deputy Director of the Compulsory Internship Program; Dr. Ehsan Ali, Head of the Central Administration for Medical Affairs; and Dr. Manal Ezz El-Din, Vice President of the Egyptian Society for Heart and Diabetes.

Following the opening session, Dr. Mahmoud Abdel-Alim delivered a lecture titled *"How to Become a Good Doctor."* Lectures were also given by Dr. Alaa Darwish, Professor of Psychiatry at Assiut University Faculty of Medicine; Dr. Idris Hassan Zaki, Pediatric Consultant and Director of the Bright Minds Unit; and Dr. Esraa Nabil, training doctor in the Egyptian Fellowship of Psychiatry.

The event included video presentations of training and examination periods in various departments, along with entertainment segments and a talent show featuring the interns.

The workshop concluded with the recognition of the group leaders among the internship doctors and distribution of awards to participants in the talent activities.



Training course on “Basic Care for Low-Birth-Weight Newborns and Assistance with Breathing

Target Group: Pediatric physicians

Date: Monday, September 9, 2024

Attendance: 20

Place: Women Health Hospital

Objectives: The training focused on helping newborns breathe and providing essential care for low-birth-weight infants, with the aim of improving the efficiency and skills of the nursing staff to deliver high-quality healthcare.

Main Topics:

The training was conducted by Dr. Mohamed Fathi, Professor of Anesthesiology; Dr. Noha Gamal, Professor of Pediatrics; and nursing specialists Marwa Ahmed and Mostafa Hegazy. The course was coordinated by Dr. Abeer Arafa, Quality Coordinator, and organized by Ms. Mai El-Shafie from Operation Smile and Ms. Radwa Kamal, Quality Training Officer.

Summary:

Basic Care for Low-Birth-Weight Newborns and Assistance with Breathing — Training Course at the Women’s Health Hospital

Under the patronage of Dr. Ahmed El-Minshawy, President of the University; Dr. Alaa Atiya, Dean of the Faculty of Medicine and Chairman of the University Hospitals Board; Dr. Ahmed Nasr, Director of the Women’s Health Hospital and Head of the Department of Obstetrics and Gynecology; and under the supervision of Dr. Hesham Abou Taleb, Deputy Director of the Hospital for Administrative Affairs and Quality; Dr. Mostafa Nasr, Deputy Director for Medical and Therapeutic Affairs; and Ms. Saadia Gerges, Head of Nursing —

The Women’s Health Hospital, in collaboration with Operation Smile Egypt, organized on Monday, September 9, in the hospital’s first-floor conference hall, a training course on methods of assisting and caring for newborns in a systematic and effective way that can be applied in any setting where childbirth occurs — whether in a hospital, clinic, or home.

The training focused on helping newborns breathe and providing essential care for low-birth-weight infants, with the aim of improving the efficiency and skills of the nursing staff to deliver high-quality healthcare.

The training was conducted by Dr. Mohamed Fathi, Professor of Anesthesiology; Dr. Noha Gamal, Professor of Pediatrics; and nursing specialists Marwa Ahmed and Mostafa Hegazy. The course was coordinated by Dr. Abeer Arafa, Quality Coordinator, and organized by Ms. Mai El-Shafie from Operation Smile and Ms. Radwa Kamal, Quality Training Officer.



Awareness Seminar on “Early Detection of Breast Cancer)”

Target Group: Women (Physicians, Nurses , Employees, and Medical Interns)

Date: Tuesday, 27 October 2024

Attendance: 120

Place: : Main University Hospital Conference Hall

Objectives: The Importance of Early Detection of Breast Cancer Highlighted in an Awareness Seminar

Main Topics:

The day included several informative lectures:

- An introductory talk by Prof. Dr. Maha Salah El-Naggar on the efforts of the Oncology and Nuclear Medicine Department within the Presidential Initiatives for Breast Cancer,
- A lecture titled “*Knowledge is Light*” by Dr. Heba Bakry,
- And a presentation on the importance of early screening and self-examination for breast cancer by Dr. Samar El-Morshidi.

Summary:

The Importance of Early Detection of Breast Cancer Highlighted in an Awareness Seminar at Assiut University Hospitals

Under the patronage of Prof. Dr. Ahmed El-Minshawy, President of the University, and in the presence of Prof. Dr. Mahmoud Abdel-Aleem, Vice President for Community Service and Environmental Development; Prof. Dr. Alaa Atiya, Dean of the Faculty of Medicine and Chairman of the University Hospitals Board; Prof. Dr. Khaled Abdel-Aziz, Director of the Main University Hospital; and Prof. Dr. Rehab Farouk, Head of the Department of Oncology and Nuclear Medicine —

The Department of Oncology and Nuclear Medicine at the Main University Hospital of Assiut University organized an awareness seminar on the importance of early detection of breast cancer on October 20, held in the hospital’s conference hall.

The event was supervised by Prof. Dr. Samir Shehata, Member of the Supreme Committee of University Oncology Hospitals and Centers; Dr. Heba Bakry, Coordinator of the Supreme Committee for Presidential Initiatives for Women’s Health in the Central Upper Egypt Region; Prof. Dr. Maha Salah El-Naggar, Coordinator of the Presidential Initiative for Breast Health at Assiut University; and Ms. Nahed El-Badry, Administrative Coordinator of the Initiative.

The day included several informative lectures:

- An introductory talk by Prof. Dr. Maha Salah El-Naggar on the efforts of the Oncology and Nuclear Medicine Department within the Presidential Initiatives for Breast Cancer,
- A lecture titled “*Knowledge is Light*” by Dr. Heba Bakry,
- And a presentation on the importance of early screening and self-examination for breast cancer by Dr. Samar El-Morshidi.

It is worth noting that the early detection clinic for breast cancer at the Oncology Department of the Main University Hospital is open daily from 9:00 a.m. to 1:00 p.m., except on Fridays and Saturdays.



Awareness Seminar on “Prevention of Cancerous Tumors in Women at the Faculty of Law”

Target Group: Women (Students and employees)

Date: 18 November 2024

Attendance: 50

Place: Faculty of Law

Objectives: Raising the awareness about The Prevention of Cancerous Tumors in Women

Main Topics:

The seminar featured Prof. Dr. Alaa Ismail, Professor of Obstetrics and Gynecology and Head of the Gynecologic Oncology Unit, who delivered a lecture titled “*Early Detection of Cervical Cancer*”, presenting an overview of cervical cancer, its modes of transmission, methods of prevention, and available treatments.

Prof. Dr. Hesham Abou Taleb, Deputy Director of the Women’s Health Hospital and Coordinator of the Cervical Cancer Initiative, also gave a lecture on vaccination against the Human Papillomavirus (HPV).

Summary:

Awareness Seminar on the Prevention of Cancerous Tumors in Women at the Faculty of Law

Assiut University Hospitals, in cooperation with the Faculty of Law, organized an educational awareness seminar on the prevention of cancerous tumors in women, under the patronage of Prof. Dr. Ahmed El-Minshawy, President of the University; Prof. Dr. Mahmoud Abdel-Aleem, Vice President for Community Service and Environmental Development; Prof. Dr. Alaa Atiya, Dean of the Faculty of Medicine and Chairman of the University Hospitals Board; Prof. Dr. Khaled Abdel-Aziz, Director of the Main University Hospital and General Coordinator of the Presidential Health Initiatives; Prof. Dr. Doweib Hussein Saber, Dean of the Faculty of Law; and Prof. Dr. Moamer Rateb, Vice Dean of the Faculty of Law for Community Service and Environmental Development Affairs.

The seminar featured Prof. Dr. Alaa Ismail, Professor of Obstetrics and Gynecology and Head of the Gynecologic Oncology Unit, who delivered a lecture titled “*Early Detection of Cervical Cancer*”, presenting an overview of cervical cancer, its modes of transmission, methods of prevention, and available treatments.

Prof. Dr. Hesham Abou Taleb, Deputy Director of the Women’s Health Hospital and Coordinator of the Cervical Cancer Initiative, also gave a lecture on vaccination against the Human Papillomavirus (HPV).

The event was organized by Prof. Dr. Ghada Abdel-Aal, Seminar Coordinator, and Ms. Nahed El-Badry, Administrative Coordinator of the Presidential Initiatives.



Awareness Seminar on the Prevention of Gynecologic Cancers at the Faculty of Education

Target Group: Women (Students and employees)

Date: Sunday, December 1, 2024

Attendance: 65

Place: Faculty of Education

Objectives: Seminar on the Prevention of Gynecologic Cancers

Main Topics:

- **Prof. Dr. Alaa Ismail, Professor of Obstetrics and Gynecology and Head of the Gynecologic Oncology Unit, who spoke on *“Early Detection of Cervical Cancer.”***
- **Prof. Dr. Hesham Abou Taleb, Deputy Director of the Women’s Health Hospital and Coordinator of the Cervical Cancer Initiative, who delivered a lecture on *“Prevention of Cervical Cancer through Vaccination Against Human Papillomavirus (HPV).”***

Summary:

Awareness Seminar on the Prevention of Gynecologic Cancers at the Faculty of Education

Under the patronage of Prof. Dr. Ahmed El-Minshawy, President of the University; Prof. Dr. Mahmoud Abdel-Aleem, Vice President for Community Service and Environmental Development; Prof. Dr. Alaa Atiya, Dean of the Faculty of Medicine and Chairman of the University Hospitals Board; Prof. Dr. Khaled Abdel-Aziz, Director of the Main University Hospital and General Coordinator of the Presidential Initiatives; Prof. Dr. Hassan Mohamed Howail, Dean of the Faculty of Education; and Prof. Dr. Amani Mohamed Sherif, Vice Dean of the Faculty of Education for Community Service and Environmental Development —

Assiut University Hospitals, in cooperation with the Faculty of Education, organized an educational awareness seminar on gynecologic cancers on Sunday, December 1, 2024, in Prof. Dr. Mohamed Ragai El-Tahlawy Hall at the Faculty of Education. The event was coordinated by Ms. Nahed El-Badry, Administrative Coordinator of the Presidential Initiatives.

The seminar featured lectures by:

- **Prof. Dr. Alaa Ismail, Professor of Obstetrics and Gynecology and Head of the Gynecologic Oncology Unit, who spoke on *“Early Detection of Cervical Cancer.”***
- **Prof. Dr. Hesham Abou Taleb, Deputy Director of the Women’s Health Hospital and Coordinator of the Cervical Cancer Initiative, who delivered a lecture on *“Prevention of Cervical Cancer through Vaccination Against Human Papillomavirus (HPV).”***

It is worth noting that the Cervical Cancer Early Detection Clinic offers free Pap smear tests for women. Those wishing to undergo the test can visit the Citizen Services Office at the hospital



Awareness Seminar Entitled “Bloodborne Viruses: Medical and Community Perspectives”

Target Group: f Assiut University Students

Date: Tuesday, 17 December 2024

Attendance: 125

Place: Discussion Hall 1

Objectives: Awareness About “Bloodborne Viruses: Medical and Community Perspectives”

Main Topics:

- ☐ Screening of two short videos showcasing the experiences of patients living with HIV.**
- ☐ A lecture by Dr. Heidi Karamallah Ramadan, Assistant Professor of Tropical Medicine & Gastroenterology, on the impact of society on the lives of people living with HIV in Egypt.**
- ☐ Interactive Q&A session by Dr. Michael Attallah, Infection Control Specialist, focusing on bloodborne viruses.**
- ☐ A session by Prof. Karima Mohamed Sobhy, Assistant Public Health Consultant, on awareness and early testing for HIV.**
- ☐ A lecture by Dr. Rasha Hosny Sayed, Fellow at the Infection Control Department and Consultant of Tropical Medicine & Gastroenterology, discussing modes of transmission, symptoms, and diagnosis of bloodborne viruses.**
- ☐ A session on preventive measures delivered by Ms. Hamida Abdel-Al and Ms. Eman Mohamed Mahmoud, Infection Control Nursing Specialists.**
- ☐ A presentation by Dr. Fatma El-Nagar, Head of the Infection Control Team at the Children’s Hospital, on treatment and living with the disease.**

Summary:

Activities of the First Scientific Day of Assiut University Students’ Union Entitled “Bloodborne Viruses: Medical and Community Perspectives”

The Infection Control Department and the HIV Counseling Center at Assiut University Hospitals, in collaboration with the Scientific Committee of Assiut University Students’ Union and the Community Service and Environmental Development Sector at the Faculty of Medicine, organized a scientific seminar under the title: “Bloodborne Viruses: Medical and Community Perspectives.”

The event was held under the patronage of Prof. Ahmed El-Minshawi, President of Assiut University; Prof. Ahmed Abdel-Mawla, Vice President for Education and Student Affairs; Prof. Alaa Attia, Dean of the Faculty of Medicine and Chairman of the University Hospitals Board; Prof. Mohamed Abdel-Rahman, Vice Dean for Education and Student Affairs; and Prof. Huda Makhoul, Vice Dean for Community Service and Environmental Development.

The scientific day was attended by Prof. Madiha Darwish, General Supervisor of Student Activities and Dean of the Faculty of Veterinary Medicine; Dr. Haitham Ibrahim, Director General of Student Affairs; Mr. Laid Zidan, Director of Scientific Activities; and the Scientific Day Coordinators: Dr. Asmaa El-Dorawy, Director of Infection Control at Assiut University Hospitals, and Dr. Heidi Karamallah Ramadan,

Assistant Professor of Tropical Medicine & Gastroenterology. Also present were Dr. Ihab Abdel-Rady, Deputy Director of Infection Control, Martin Nasser, President of Assiut University Students' Union, Ahmed Nasr, Assistant Secretary of the Supreme Scientific Committee of the Students' Union, along with a large number of university students.

The event included the following activities:

- ☐ Screening of two short videos showcasing the experiences of patients living with HIV.
- ☐ A lecture by Dr. Heidi Karamallah Ramadan, Assistant Professor of Tropical Medicine & Gastroenterology, on the impact of society on the lives of people living with HIV in Egypt.
- ☐ Interactive Q&A session by Dr. Michael Attallah, Infection Control Specialist, focusing on bloodborne viruses.
- ☐ A session by Prof. Karima Mohamed Sobhy, Assistant Public Health Consultant, on awareness and early testing for HIV.
- ☐ A lecture by Dr. Rasha Hosny Sayed, Fellow at the Infection Control Department and Consultant of Tropical Medicine & Gastroenterology, discussing modes of transmission, symptoms, and diagnosis of bloodborne viruses.
- ☐ A session on preventive measures delivered by Ms. Hamida Abdel-Al and Ms. Eman Mohamed Mahmoud, Infection Control Nursing Specialists.
- ☐ A presentation by Dr. Fatma El-Nagar, Head of the Infection Control Team at the Children's Hospital, on treatment and living with the disease.



Awareness Seminar on “The Medical, Religious, and Legal Perspectives of Female Genital Mutilation (FGM)”

Target Group: Medical Students and Medical Interns

Date: Sunday, 8 December 2024

Attendance : 27

Place: Quality Assurance Unit

Objectives: The seminar, held as part of the “Taquet Nour 2” project activities, included several lectures addressing FGM from different perspectives.

Main Topics:

Prof. Mahmoud Abdel-Aleem, Vice President of the University and Professor of Obstetrics and Gynecology, discussed FGM from the medical perspective; Sheikh Sayed Abdel-Aziz presented the religious viewpoint; and Ms. Islam Atef from the National Council for Women addressed the legal aspects of the issue.

Summary:

The Community Service and Environmental Development at the Faculty of Medicine, Assiut University, in cooperation with the Egyptian Society for Scientific Researchers in Assiut and Plan International Egypt, organized an awareness seminar on Sunday, December 8, under the patronage of Prof. Ahmed El-Minshawy, President of Assiut University; Prof. Mahmoud Abdel-Aleem, Vice President for Community Service and Environmental Development Affairs; Prof. Alaa Attia, Dean of the Faculty of Medicine and Chairman of the University Hospitals Board; and Prof. Hoda Makhoul, Vice Dean for Community Service and Environmental Development.

The seminar, held as part of the “Taquet Nour 2” project activities, included several lectures addressing FGM from different perspectives.

Prof. Mahmoud Abdel-Aleem, Vice President of the University and Professor of Obstetrics and Gynecology, discussed FGM from the medical perspective; Sheikh Sayed Abdel-Aziz presented the religious viewpoint; and Ms. Islam Atef from the National Council for Women addressed the legal aspects of the issue.

Awareness Seminar on “The Medical, Religious, and Legal Perspectives of Female Genital Mutilation (FGM)”

Target Group: Medical Students and Medical Interns

Date: Tuesday, 10 December 2024

Number: 37

Place: Conference Hall Faculty of Medicine

Objectives: The seminar, held as part of the “Taquet Nour 2” project activities, included several lectures addressing FGM from different perspectives.

Main Topics:

Prof. Mahmoud Abdel-Aleem, Vice President of the University and Professor of Obstetrics and Gynecology, discussed FGM from the medical perspective; Sheikh Sayed Abdel-Aziz presented the religious viewpoint; and Ms. Islam Atef from the National Council for Women addressed the legal aspects of the issue.

Summary:

The Community Service and Environmental Development Sector at the Faculty of Medicine, Assiut University, in cooperation with the Egyptian Society for Scientific Researchers in Assiut and Plan International Egypt, organized an awareness seminar on Tuesday, December 10, under the patronage of Prof. Ahmed El-Minshawy, President of Assiut University; Prof. Mahmoud Abdel-Aleem, Vice President for Community Service and Environmental Development Affairs; Prof. Alaa Attia, Dean of the Faculty of Medicine and Chairman of the University Hospitals Board; and Prof. Hoda Makhoul, Vice Dean for Community Service and Environmental Development.

The seminar, held as part of the “Taquet Nour 2” project activities, included several lectures addressing FGM from different perspectives.

Prof. Mahmoud Abdel-Aleem, Vice President of the University and Professor of Obstetrics and Gynecology, discussed FGM from the medical perspective; Sheikh Sayed Abdel-Aziz presented the religious viewpoint; and Ms. Islam Atef from the National Council for Women addressed the legal aspects of the issue.





Youth Health Center- Assiut University

Promoting youth and student health is a vital responsibility for all educational institutions, as it directly influences students' academic success and overall excellence. At Assiut University, the Youth Health Center has become a cornerstone for fostering wellness and awareness among the university community. The center recently witnessed a strong turnout of students and staff during its Educational Health Day — one of a series of awareness events designed to enhance health literacy and encourage healthy lifestyles among young people.

Continuing its commitment to preventive care, the Youth Health Center actively implements initiatives focused on early diagnosis and screening, which are among the most effective strategies for preventing chronic and reproductive health issues. These programs target all members of the Assiut University community — including faculty, staff, and students — offering comprehensive health services that promote early detection, timely medical intervention, and sustained well-being across the university.

The Youth Health Center at Assiut University continues to reinforce its pivotal role within the institution. It has run a series of health-education days and awareness initiatives, targeting students and staff alike, with a special focus on early diagnosis and reproductive health concerns. In the academic year 2024 the center collaborated with the university's community service developing new health-counselling materials. Moreover, the center supports inclusion and health-empowerment of students of determination through workshops and sport/arts programs. Through these efforts, the center provides

comprehensive health-screening services and medical care access, thereby contributing meaningfully to the university's aims of promoting wellness and academic success.

Under the Patronage of

- **Prof. Dr. Ahmed El-Minshawy** – President of Assiut University
- **Prof. Dr. Mahmoud Abdel-Aleem** – Vice President for Community Service and Environmental Development
- **Prof. Dr. Alaa Attia** – Dean of the Faculty of Medicine and Chairman of the University Hospitals Board
- **Prof. Dr. Hoda Ahmed Aly Hasan Makhoulf** – Vice Dean of the Faculty of Medicine for Community Service and Environmental Development

Under the Supervision of:

- **Prof. Dr. Ekram Mohamed Abdel-Khaleq** – Head of the Department of Public Health
 - **Prof. Dr. Medhat El-Araby** – Professor of Public Health and Director of the Youth Health Center
-

I. Health Awareness and Screening Days

1. First Health Awareness Day – Faculty of Medicine

Date: Wednesday, 12 July 2024

Venue: Youth Health Center – Faculty of Medicine

The first awareness day of the year witnessed remarkable participation from students and university employees.

Under the esteemed patronage of **Prof. Dr. Ahmed El-Minshawy** and **Prof. Dr. Alaa Attia**, the event aimed to enhance health literacy and encourage preventive practices within the university community.

Supervised by:

- **Prof. Dr. Ekram Mohamed Abdel-Khaleq** – Head of Public Health Department
- **Prof. Dr. Medhat El-Araby** – Director, Youth Health Center

Activities and Participation:

Over **110 participants** attended (65 students and 45 employees). Medical assessments included hemoglobin testing, random blood glucose measurement, and full body composition analysis (fat, water, muscle, protein, and mineral content).

Outcomes:

- Early detection of obesity, anemia, and malnutrition cases.
 - Distribution of educational materials encouraging lifestyle modification.
 - Reinforcement of the university's preventive healthcare culture.
-

2. Second Health Awareness Day – Administrative Building, Assiut University

Date: Tuesday, 1 August 2024

Venue: Hall 8, Administrative Building

Held as part of the 10th anniversary celebrations of the June 30 Revolution, this large-scale event attracted **over 300 participants**, including 100 students and 200 university staff members.

Partners: *Eva Pharma* and *Hygint Company*.

Services Provided:

- Random blood sugar and hemoglobin testing.
- Full body composition analysis using advanced **Bioelectrical Impedance Analysis (BIA)** devices.
- Screening for obesity, underweight, anemia, and nutritional deficiencies.
- Personalized health advice and nutritional counseling.

Impact:

The event successfully enhanced awareness about the importance of early screening and balanced nutrition, encouraging the university community to adopt healthier daily habits.

3. Health Awareness Event – Faculty of Law

Proper nutrition during Ramadan and malnutrition-related diseases among the student community.

Date: Sunday, 31 March 2024

Venue: Faculty of Law, Assiut University

Extending beyond the medical campus, the Youth Health Center organized an awareness and screening day at the **Faculty of Law**, engaging around **200 attendees** from faculty staff and diploma participants.

Under the Patronage of:

- **Prof. Dr. Ahmed El-Minshawy** – President of Assiut University
- **Prof. Dr. Mahmoud Abdel-Aleem** – Vice President for Community Service and Environmental Development
- **Prof. Dr. Alaa Attia** – Dean of the Faculty of Medicine and Chairman of University Hospitals Board
- **Prof. Dr. Saad Saki** – Vice Dean of the Faculty of Medicine for Community Service and Environmental Development

Supervised by:

- **Prof. Dr. Ekram Mohamed Abdel-Khaleq** – Head of Public Health
- **Prof. Dr. Medhat El-Araby** – Director, Youth Health Center

Activities:

- Measurement of hemoglobin and random blood sugar levels.
- Full body composition analysis (fat, water, protein, minerals, muscle mass).
- Screening for obesity, anemia, and malnutrition.
- Distribution of brochures and verbal counseling to promote preventive care.

Outcome:

The collaboration between the Faculties of Medicine and Law demonstrated the success of

interdisciplinary health initiatives and reinforced the university's role in advancing community wellness.

4. Specialized Health Day – Clinical Nutrition Diploma Participants

Date: Tuesday, 26 December 2024

Venue: Youth Health Center – Faculty of Medicine

As part of the Clinical Nutrition Diploma, this day focused on practical education and health assessment. Approximately **50 participants**, including doctors and academic staff from various departments, attended the event.

Services and Activities:

- Blood hemoglobin and random sugar testing.
- Body composition analysis (BIA).
- Nutritional and metabolic assessments.
- Personalized dietary recommendations for anemia, obesity, and malnutrition.

Results:

Participants gained practical insights into clinical nutrition assessment and expressed appreciation for the interactive learning format.

5- Health Awareness Event – Faculty of Law

Raising awareness about malnutrition, obesity, and chronic diseases..

Date: Sunday, 13 November 2024

Venue: Faculty of Law, Assiut University

Extending beyond the medical campus, the Youth Health Center organized an awareness and screening day at the **Faculty of Law**, engaging around **320 attendees** from faculty staff and diploma participants.

Under the Patronage of:

- **Prof. Dr. Ahmed El-Minshawy** – President of Assiut University
- **Prof. Dr. Mahmoud Abdel-Aleem** – Vice President for Community Service and Environmental Development
- **Prof. Dr. Alaa Attia** – Dean of the Faculty of Medicine and Chairman of University Hospitals Board
- **Prof. Dr. Hoda Makhoulouf** – Vice Dean of the Faculty of Medicine for Community Service and Environmental Development

Supervised by:

- **Prof. Dr. Ekram Mohamed Abdel-Khaleq** – Head of Public Health
- **Prof. Dr. Medhat El-Araby** – Director, Youth Health Center

Activities:

- Measurement of hemoglobin and random blood sugar levels.
- Full body composition analysis (fat, water, protein, minerals, muscle mass).
- Screening for obesity, anemia, and malnutrition.

- Distribution of brochures and verbal counseling to promote preventive care.

Outcome:

The collaboration between the Faculties of Medicine and Law demonstrated the success of interdisciplinary health initiatives and reinforced the university's role in advancing community wellness.

II. Practical Training for the Clinical Nutrition Diploma

Date: Monday, 9 December 2024

Venue: Youth Health Center – Faculty of Medicine

In alignment with the Faculty's commitment to enhancing experiential learning, the Youth Health Center organized a practical training session for **Clinical Nutrition Diploma** students.

Supervision:

- **Prof. Dr. Medhat El-Araby** – Director, Youth Health Center
- **Prof. Dr. Mariam Roshdy** – Professor of Public Health
- **Dr. Ekram Abdel-Khaleq** – Head of the Department of Public Health

With the participation of Assistant Lecturers:

- **Dr. Zeinab Galal Eldin** – *Assistant Lecturer of Public Health and Clinical Nutrition Specialist*
- **Dr. Samar Abdel Mohsen** – *Assistant Lecturer of Public Health and Clinical Nutrition Specialist*

Objectives:

- Strengthen the practical and clinical skills of students in therapeutic nutrition.
- Train on body composition assessment and interpretation using **BIA technology**.
- Address common nutritional disorders (obesity, underweight, anemia).
- Enhance counseling and communication skills with patients.

Achievements:

- Bridged the gap between theoretical and applied knowledge.
- Empowered diploma students with professional-level evaluation skills.
- Received excellent feedback from both students and supervisors.







تحت رعاية

أ.د/ محمود عبد العليم
لبيب رئيس الجامعة لشئون خدمة المجتمع وتنمية البيئة

أ.د/ أحمد المنشاوي
رئيس الجامعة

أ.د/ دويب حسين صابر
عميد كلية الحقوق

أ.د/ علاء عطية
عميد كلية الطب

تتشرف كلية الحقوق بالتعاون مع كلية الطب
بدعوة سيادتكم لحضور ندوة تثقيفية بعنوان

**التغذية السليمة في شهر رمضان
وأعراض سوء التغذية
بين المجتمع الطلابي بالجامعة**

أ.د/ مديحة عيسى خليل
مدير مركز صحة الشباب
كلية الطب جامعة أسسوط

أ.د/ محمد إبراهيم عبد القادر
رئيس كلية الطب جامعة أسسوط

أ.د/ محمد رتيب محمد
رئيس كلية الحقوق لشئون خدمة المجتمع وتنمية البيئة

أ.د/ محمد ذكي
رئيس كلية الطب لشئون خدمة المجتمع وتنمية البيئة

وذلك في تمام الساعة الحادية عشرة والنصف من صباح يوم الأحد ١٣ مارس ٢٠٢٤
بقاعة أ.د/ محمد إبراهيم عبد القادر بالكلية



































تحت رعاية



أ.د/ محمود عبد العليم
نائب رئيس الجامعة لشؤون خدمة المجتمع وتنمية البيئة

أ.د/ أحمد المنشاوي
رئيس الجامعة

أ.د/ دويب حسين صابر
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أ.د/ علاء عطية
عميد كلية الطب

تتشرف كلية الحقوق بالتعاون مع كلية الطب
بدعوة سيادتكم لحضور ندوة تثقيفية بعنوان

التغذية السليمة في شهر رمضان وأعراض سوء التغذية بين المجتمع الطلابي بالجامعة

يحاضر فيها **أ.د/ مديحة عربي خليل**
مدير مركز صحة الشباب
كلية الطب جامعة أسيوط

وذلك في تمام الساعة الحادية عشرة والنصف من صباح يوم الأحد ١٣ مارس ٢٠٢٤
بقاعة أ.د/ محمد إبراهيم عبد القادر بالكلية

أ.د/ مهنر رتيب محمد
وكيل كلية الحقوق لشؤون خدمة المجتمع وتنمية البيئة

أ.د/ سمير ذكي
وكيل كلية الطب لشؤون خدمة المجتمع وتنمية البيئة



















تحت رعاية



أ.د/ محمود عبد العليم
نائب رئيس الجامعة لشئون خدمة المجتمع وتنمية البيئة

أ.د/ أحمد المنشاوي
رئيس الجامعة

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رئيس كلية الحقوق لشئون خدمة المجتمع وتنمية البيئة

أ.د سعد ذكي
وكيل كلية الطب لشئون خدمة المجتمع وتنمية البيئة













Community Service and Awareness Activities by the Faculty of Nursing, Assiut University

**The internship female students have conducted awareness classes
for mothers entitled (Cervical Cancer) for a number of women in the**

Activates of the University Women's Health Hospital.

- **Lecturer:** Internship Nursing College students, Obstetrics and Gynecology group.
- **Target group:** Women in the clinics of the University Women's Health Hospital
- **Number of attendees:** 70 women in the University Women's Health Hospital.
- **Date:** Sunday 11/1/2024 at 10:00 AM
- **Place:** Women's clinics at the Women's Health Hospital

Objectives:-

1. Educating women about what cervical cancer is
2. Educating women about the symptoms of cervical cancer
3. What are the causative factors and how to avoid it?
4. What are the periodic examinations for reassurance and early detection?
5. The age at risk for cervical cancer
6. Educating women about the vaccine that helps prevent cervical cancer
7. Educating women about the importance of the vaccine and when to receive the dose to prevent cervical cancer
8. Educate the mothers about the period in which the vaccine doses are taken

9. Reassuring women about whether the vaccine involves any risks or side effects

Main topics: -

1. Introduction and definition of cervical cancer
2. Symptoms of cervical cancer
3. What are the risk factors?
4. How to avoid it
5. Age groups most susceptible to it
6. What is the vaccine used to prevent cervical cancer
7. Periodic examinations

• Attendees' response to the seminar:-

The attendees expressed their admiration for the topic of mother class as a step in developing and improving women's health, and there was effective participation from women with students, and women also raised a number of questions and students answered all questions.

Recommendations:-

- Conduct other awareness classes on topics related to women's health.
- Identify women's needs and strive to meet them.
- Here are some pictures of the students during the explanation with the ladies.





The internship female students have conducted awareness classes for mothers entitled "Prevention of Premature Birth " for a number of women in the Pregnancy Department on the fourth floor of the University Women's Health Hospital.

- **Lecturer:** Nursing College female students, Obstetrics and Gynecology Group.
- **Target group:** Women in the Pregnancy Department at the University Women's Health Hospital
- **Number of attendees:** 40 women at the University Women's Health Hospital.
- **Date:** Sunday 2/28/2024 at 10:00 AM
- **Place:** Pregnancy Department at the Women's Health Hospital

Objectives:-

1. Educate women about what premature birth is and ways to prevent it and reduce unpleasant symptoms.
2. Educate women about the causes of premature birth.
3. What are the factors that cause and contribute to premature birth and how to avoid it.
4. What are the symptoms of premature birth?
5. The most vulnerable group to premature birth.
6. Maintaining and paying attention to the appointment of visits to the doctor when any symptoms of premature birth occur.

Main topics: -

1. Introduction and definition of prevention of premature birth.
2. Symptoms of premature birth.
3. What are the factors that contribute to premature birth?
4. How to avoid it.
5. The most vulnerable age groups.

- **The attendees' response to the seminar: -**

The attendees expressed their admiration for the topic of awareness classes as a step in developing and improving women's health. There was effective participation from the women with the students. The women also raised a number of questions and the students answered all the questions.

Recommendations: -

Conducting other awareness classes on topics related to women's health. Identifying women's needs and striving to achieve them.

Here are some pictures of the students during the explanation with the women

The internship female students have conducted awareness classes for mothers entitled “Freezing Eggs “for a number of women in the Pregnancy Department on the fourth floor of the University Women's Health Hospital.

- **Lecturer:** Internship students, Obstetrics and Gynecology Group.
- **Target group:** Women on the fifth floor of the Women's Health University Hospital
- **Number of attendees:** 45 women at the Women's Health University Hospital.
- **Date:** Sunday 1/21/2024 at 10:00 AM
- **Place:** Women's Department, fifth floor, Women's Health Hospital

Objectives:-

1. Educate women about what egg freezing is.
2. Educate women about the purpose of egg freezing.
3. Educate women about the importance of egg freezing.
4. Educate about how to freeze eggs and the problems that may occur when freezing eggs.
5. Educating women on how to prepare for egg freezing.
6. Educating women on the steps of egg freezing.
7. Explaining to women the time period for the freezing process.
8. Educating women on the appropriate age for egg freezing.

Main topics: -

1. Introduction and definition of egg freezing
2. Explaining the preparatory steps for the freezing process
3. Freezing methods
4. Benefits and harms of freezing
5. The appropriate age for the freezing process

- **Attendees' response to the seminar: -**

The attendees expressed their admiration for the topic explained as a step in developing and improving women's health. There was active participation from women with the students. Women also raised a number of questions and students answered all the questions.

Recommendations: -

Conducting other awareness classes on topics related to women's health. Identifying women's needs and striving to achieve them.



**Activities for Family and Community Health Nursing
Department regarding reproductive and community health
The fourth year students have conducted awareness classes for
deaf students entitled (menstruation and personal hygiene) in
AlAmal School for deaf students**

- **Lecturer:** D safaa Rabea Assistant professor of community health nursing and Dr Reham Ahmed Assistant leacturer of community health nursing
- **Target group:** deaf students in AlAmal School for deaf students
- **Number of attendees:** 25 students
- **Date:** Sunday 3/3/2024 at 11:00 AM
- **Place:** AlAmal School for deaf students

Objectives:-

1. Educating the girls students about anatomy of Female Reproductive System
2. Practice healthy habits during your period
3. Menstrual hygiene is important for your health
4. Menstrual problems



The fourth year students have conducted awareness classes for girls' students entitled (reproductive health and nutrition) for a number of girls at preparatory schools in Assiut Governorate

- **Lecturer:** The fourth year students with the staff
- **Target group:** girls' students at preparatory schools in Assiut Governorate
- **Number of attendees:** 30 students
- **Date:** from 6/3/2024: 9/5/2024 every Wednesday/ week from 10 a.m to 12 p .m
- **Place:** Preparatory schools in Assiut Governorate

Objectives:-

1. Educating the girls about the reproductive health and its importance
2. Elements of nutrition
3. Importance of balanced diet
4. Malnutrition and its effect on reproductive health





Participation in the Presidential Initiative for Early Detection of Breast Cancer

A team from the **Faculty of Nursing, Assiut University** participated in the early detection campaign for **breast tumors** under the presidential initiatives from **October 27 to October 31, 2024**.

Trainers:

- Dr. Amal Abdel Shafy Mohamed
- Dr. Asmaa Abdel Hakim Antar

Date: Monday, October 28, 2024

Time: 9:00 AM

Location: New Trauma Hospital and Women's Health Hospital

Number of participants: 120 cases

During the event, **health education** was provided to administrative staff, nurses, and nursing assistants about **breast cancer**, including **breast self-examination (BSE)**, its **importance**, **risk factors**, and **stages of the disease**. Practical training was given on how to perform breast self-examination. At the end of the awareness session, all participants' questions were addressed. Forms were completed and **clinical breast examinations** were performed for 120 women, among whom **35 suspected cases** were referred to the hospital for further investigations and treatment initiation for confirmed cases.





Sustainability-Related Activities Provided by the Faculty

- **Seminar: Respiratory Diseases**
- **Date:** October 29, 2024
- **Venue:** Huda Shaarawi Preparatory School for Girls
- **Organized by:** Faculty of Nursing – Department of Family and Community Health Nursing
- **Target group:** Female students at Huda Shaarawi Preparatory School for Girls
- **Lecturer:** Dr. Fatma Ragab and a group of fourth-year students
- **Number of participants:** 40 students

Topics covered:

- Common respiratory diseases
- Causes and symptoms
- Modes of Transmission
- Prevention methods

Objective: To increase students' awareness of respiratory diseases and methods of prevention.

Seminar: First Aid

- **Date:** October 31, 2024
- **Venue:** Huda Shaarawi Preparatory School for Girls
- **Organized by:** Faculty of Nursing – Department of Family and Community Health Nursing
- **Target group:** Female students (attendance: 300 students, 50 in every session)
- **Lecturer:** Dr. Shaimaa Wardany – Assistant Professor of Public Health Nursing

Topics covered:

- Importance of first aid
- Fractures, wounds, fainting, shock, and nosebleeds
- **Objective:** To raise students' awareness of first aid importance and basic skills.

Seminar: Personal and menstrual Hygiene

- **Date:** November 5, 2024
- **Venue:** Al-Nahda Preparatory School for Girls
- **Organized by:** Faculty of Nursing – Department of Family and Community Health Nursing
- **Number of participants:** 100 students divided into 2 groups
- **Lecturer:** Dr. Marwa Mohamed and fourth-year nursing students
- **Objective:** To increase students' awareness about **personal hygiene and menstrual hygiene practices**.
- **Overview:** Faculty members and students visited the school and conducted an awareness session focusing on daily hygiene habits and menstrual hygiene education.

Seminar: Antenatal Care

- **Date:** From the start of November 2024 to the end of November 2024, with sessions held every Wednesday each week.
- **Venue:** Maternal and Child Health Care Center – Al-Walidia
- **Organized by:** Faculty of Nursing – Department of Family and Community Health Nursing
- **Number of participants:** 100 pregnant women
- **Lecturer:** Dr. Safaa Rabie and fourth-year students
- **Objective:** To raise pregnant women's awareness about the importance of regular antenatal checkups, balanced nutrition, and tetanus vaccination during pregnancy.
- **Overview:** The team delivered an educational session at the center, providing health guidance to pregnant women on safe pregnancy practices and preventive care.

Outlines:

1. Immunization

- Tetanus toxoid (TT) vaccination schedule

2. Nutrition and Weight Monitoring

- Balanced diet and appropriate weight gain

3. Health Education

- Personal hygiene
- Warning signs during pregnancy
- Birth preparedness and complication readiness
- Importance of rest and exercise
- Avoidance of harmful substances (smoking, alcohol, drugs)

5. Psychological and Social Support

- Addressing anxiety and emotional changes
- Family involvement and partner support

6. Danger Signs During Pregnancy

- Vaginal bleeding
- Severe headache, blurred vision
- Swelling of face or hands
- Decreased fetal movement
- Severe abdominal pain
- High fever

7. Preparation for Labor and Delivery

- Birth plan
- Selection of place of delivery
- Bag preparation for hospital
- Counseling on breastfeeding and newborn care

8. Postnatal Follow-up Planning

- Importance of follow-up after delivery
- Early detection of postpartum complications

Seminar: Breastfeeding and Vaccinations

- **Date:** From the start of November 2024 to the end of November 2024, with sessions held every Thursday each week
- **Venue:** Maternal and Child Health Care Center – Al-Walidia
- **Number of participants:** 150 women
- **Organized by:** Faculty of Nursing – Department of Family and Community Health Nursing
- **Lecturer:** Dr. Asmaa Abdel Hamid and fourth-year students
- **Objective:** To increase mothers' awareness about the importance and benefits of breastfeeding and the timely administration of child vaccinations.

Outline: Breastfeeding and Vaccinations

1. Introduction

2. Breastfeeding

- Definition
- Importance and benefits
- Techniques and positioning
- Common problems and management
- Complementary feeding

3. Vaccinations

- Definition and importance
- National immunization schedule
- Vaccine safety and side effects
- Relationship between breastfeeding and vaccination

Campaign for Hepatitis B Vaccination – Faculty of Nursing

Under the patronage of:

- **Prof. Ahmed El-Menshawy** – President of Assiut University
- **Prof. Mahmoud Abdel-Alim** – Vice President for Community Service and Environmental Development
- **Prof. Fatma Roshdy Mohamed** – Dean, Faculty of Nursing
- **Prof. Nahed Shawkat Abu El-Magd** – Vice Dean for Community Service

In cooperation with the Infection Control Department at Assiut University Hospital, the Faculty of Nursing launched a Hepatitis B vaccination campaign targeting nursing students and students at the Technical Nursing Institute. **Duration:** Starting Sunday, September 29, for three months (Sundays to Tuesdays).

Number of participants: Technical Institute of Nursing (1050 students), Faculty of nursing (500)

Supervisors:

- Dr. Amal Abdel Shafy – Director, Medical Clinic, Faculty of Nursing
- Dr. Asmaa Mohamed Abdel Aziz – Director, Infection Control Unit, Assiut University Hospital
- **Location:** Medical Clinic – Faculty of Nursing

The campaign was inaugurated by **Dr. Ihab Abdel-Radi Thabet**, Deputy Director of the Infection Control Center at Assiut University Hospital, and **Dr. Amani Mehran**.

Students were urged to receive the vaccine promptly to ensure their safety and the safety of others — emphasizing that **prevention is better than cure**.

























Safe Child Initiative

Under the patronage of the **Directorate of Social Solidarity in Assiut**, a seminar on **children's sexual education** was held in cooperation with the **National Leadership Alliance**.

The event witnessed the participation of **12 charitable organizations and associations** and **15 trainers**, under the slogan:

- **“Protecting children is everyone’s responsibility.”**
- The initiative was carried out with the optimistic message: *“The best is yet to come, God willing.”*
- **Prof. Hekmat Ibrahim**, Professor of Pediatric Nursing at the **Faculty of Nursing, Assiut University**, participated in this seminar.















Community Service and Awareness Activities by the Faculty of Dentistry, Assiut University

As part of its ongoing commitment to serving the community and promoting oral health awareness, the Community Service and Environmental Development Sector at the Faculty of Dentistry, Assiut University, organized two major outreach activities this month.

The Sixth Awareness Day at the Department of Pediatric Dentistry

In collaboration with the Department of Pediatric Dentistry, the Faculty organized the sixth awareness day for parents of children attending the outpatient clinics on Tuesday, June 17.

This event is part of a monthly series of educational sessions aimed at promoting preventive oral health practices among children.

The session focused on the importance of regular dental visits and maintaining good oral hygiene habits from an early age. The lecture was delivered by Teaching Assistant Mariam Malak from the Department of Pediatric Dentistry, who provided practical advice to parents on preserving their children's oral and dental health.

Number of participants: 50 pregnant women

The Seventh Medical Convoy to the Women's Health Hospital

The Community Service and Environmental Development Sector at the Faculty of Dentistry also announced the successful completion of its seventh medical convoy at Assiut University Women's Health Hospital.

This initiative is part of the faculty's comprehensive plan to organize medical convoys targeting staff and patients across university hospitals, offering accessible oral health services and raising community awareness.

The convoy served **more than 100 patients**, including administrative and medical staff at the hospital. It provided diagnostic and treatment services, distributed necessary medications, delivered health education sessions for women, and referred cases requiring specialized treatment to Assiut University Dental Hospital.

The convoy was supervised by Assoc. Prof. Dr. Mohamed Nahid Atia, Vice Dean for Community Service and Environmental Development, and Dr. Mayada Mohamed, Lecturer of Pediatric Dentistry.

Special appreciation and gratitude are extended to the participating resident doctors and teaching assistants:

- Dr. Kholoud Gamal El-Din – Conservative Dentistry
- Dr. Ahmed Ehab – Oral and Maxillofacial Surgery
- Dr. Israa Yasser – Removable Prosthodontics
- Dr. Narmin Tarek – Pediatric Dentistry
- Student Waad Haidar – Second Year

Through such initiatives, the Faculty of Dentistry at Assiut University reaffirms its leading role in promoting community health, advancing oral healthcare awareness, and strengthening the bond between the university and society.









