

2. Reports of seminars on hazards of smoking in

2024

ممنوع التدخين



No Smoking

Smoking Cessation Activities 2024:

I. The annual conference of the Assiut Chest Society on May 15, 2024

1. A short lecture on one of the medications that help in quitting smoking, presented jointly by Dr. Atef Al-Qarn, Professor of Chest Diseases at Assiut University Faculty of Medicine, and a representative from Kenvue Johnson Pharmaceuticals at the annual conference of the Assiut Chest Society on May 15, 2024.

Program of the 7th scientific conference of
Assiut Chest Society (ACS) جمعية أسبوط للصدر

"Chest medicine as related to academic sciences"

15 -16 May 2024 – Administrative Building, Assiut University

President of the conference and society: Prof. Atef Alkarn

First day: Wednesday 15-5-2024:

Session 3: Pharmaceuticals in respiratory medicine. 11.10: 11.50

Moderator: Prof. Atef Alkarn

Speakers: Representatives of drug companies.



2. A lecture entitled "Epidemiology of smoking in Egypt" was given by Dr. Ahmed Metwally, Professor of Chest Diseases at Assiut University Faculty of Medicine, at the annual conference of the Assiut Chest Society on May 15, 2024, which was held in the administrative building of Assiut University.

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President of the conference and society: Prof. Atef Alkarn

Second day: Thursday 16-5-2024:

Registration: 08.00: 9.00 am

Session 11: (Chest & Public Health & Occupational Medicine). Chairpersons: Prof Ekram Abdel Khalek, Dr Nahed Mohamed Ali, Dr Sahar Refaat
Lecture 1: 11.40: 11.50. Basic statistical tests. Prof Manal Darwish
Lecture 2: 11.50: 12.00. Occupational and environmental asthma. Prof Mohamed El-Batanouny
Lecture 3: 12.00: 12.10. Epidemiology of smoking in Egypt. Ass. Prof Ahmed Metwally



3. A spoken word performance about smoking, its harms, and the necessity of quitting, presented by Dr. Reham Ahmed Tahseen, a trainee physician, at the artistic and cultural event concluding the Assiut Chest Society Conference on May 16, 2024. Two minutes of poetic literary talent that have the same impact as hours of lectures.

Coffee Break & pharmaceutical exhibition 12.20: 12.50

Cultural and artistic talents of chest and academic doctors followed an oriental music & singing band 01.00: 02.30

Lunch: 02.30

مع أطيب الأمنيات بقضاء وقت ممتع اجتماعيا ومثمر علميا



II. Siminar under the title “awareness seminar against the harms of smoking, in cooperation with the Social Activities Department.”

Date:12-11-2024

Place: Faculty of arts

III. Workshop under the title “The harms of smoking and passive smoking on the individual and society and how to treat them”.

In this workshop, A lecture by Dr. Atef Al-Qarn, Professor of Chest Diseases at the Faculty of Medicine, in the workshop held on December 12, 2024, organized by the Community Service and Environmental Development Sector at the Faculty of Sugar Industry Technology, under the title "The harms of smoking and passive smoking on the individual and society and how to treat them".





IV. "Smoking between Health and Religion": An awareness seminar at the Faculty of Science - Assiut University.

Date: 9-12-224

Under the patronage of Dr. Ahmed Elminshawy, President of Assiut University, the Faculty of Science organized an awareness seminar on "Smoking: Between Health and Religion" on Monday, December 9th. The seminar was supervised by Dr. Mahmoud Abdel-Alim, Vice President of the University for Community Service and Environmental Development, Dr. Abdel Hamid Abu Sahli, Dean of the Faculty, and Dr. Essam Fadel Abu Zeid, Vice Dean of the Faculty for Community Service and Environmental Development.

Dr. Ahmed Elminshawy emphasized the importance of the seminar, which comes within the framework of the presidential initiative for human development, "A New Beginning: Building the Human Being," aiming to raise health awareness among all members of the university community about the dangers of smoking. He stressed that smoking is one of the most dangerous scourges threatening human health, and urged efforts to promote a culture of gradually quitting smoking and to warn against its risks.

The speakers at the seminar included Dr. Naglaa Kamal Idris, Professor in the Department of Medical Biochemistry and Molecular Biology at the Faculty of Medicine, Assiut University, and Director of the Alpha Laboratories in Assiut, and Dr. Mohamed Abdel Nabi Sayed, Assistant Professor at the Faculty of

Fundamentals of Religion, Al-Azhar University in Assiut. A number of department heads, faculty members, staff, and students also participated.

For his part, Dr. Mahmoud Abdel-Alim pointed out that smoking represents a major obstacle to achieving sustainable development, as it affects health, education, economic growth, and the environment. He emphasized the importance of the seminar in raising awareness about the dangers of smoking and how to confront this harmful phenomenon that significantly impacts health.

Dr. Abdel Hamid Abu Sahli indicated the faculty administration's commitment to holding awareness seminars. The campaign focuses on the most important issues and topics that affect citizens' daily lives, primarily health issues, such as raising awareness of the dangers of smoking in all its forms, in order to contribute to protecting current and future generations from its devastating health consequences.

Dr. Essam Fadel Abu Zeid added that smoking causes many lung diseases and chest allergies, as well as other related illnesses. He emphasized the important role of educational institutions in highlighting the health risks of smoking so that young people can avoid falling into the trap of smoking and addiction, by strengthening religious values and providing positive role models.

In a related context, Dr. Naglaa Kamal reviewed the relationship between smoking and health, the most recently applied tests for predicting lung and heart diseases, the effect of smoking on fertility in women and men, and the application of genetic testing, especially for pregnant women. She also discussed how to predict genetic abnormalities resulting from environmental pollution using the latest equipment, the negative impact of smoking on children, its relationship to growth deficiencies, and how to conduct the most important tests to treat these conditions.

Dr. Mohamed Abdel Nabi spoke about the religious ruling on smoking, the Islamic legal principles behind this ruling, the harm of smoking to the individual and those around them, and the religious ruling on harming others, in accordance with the saying of the Prophet Muhammad, peace and blessings

be upon him, "There should be neither harming nor reciprocating harm." He also addressed the squandering of money resulting from smoking, for which a person will be held accountable on the Day of Judgment, regarding how they acquired it and how they spent it.





