



Smoke free policy

Measures to Reduce Smoking on the University Campus

- A memorandum was presented to the Assiut University Council during its session No. (643) held on 31/5/2014, and the council approved the following decisions:
- The necessity of enforcing smoking control measures at Assiut University and its university hospitals, and declaring "**Assiut University a Smoke- Free Campus,**" with the implementation of the following rules:
 1. Work on increasing health awareness of the dangers of smoking by organizing educational seminars and showing documentary films issued by the World Health Organization.
 2. Completely ban smoking at Assiut University (a smoke-free university) in buildings, laboratories, lecture halls, etc.
 3. Enforce the application of anti-smoking laws, most recently Law No. 154 of 2007, or issue an administrative decision from the university president on this matter.
 4. Refer violators to legal affairs for infringing on personal freedoms and public health.
 5. A legal settlement will be made upon the first violation, in which the violator will donate no less than 20 Egyptian pounds to the Environmental Management Department of the respective institution or faculty.
 6. Activate the smoking cessation clinic in the Chest Diseases Department at the university hospital and announce specific days for those interested in

quitting smoking.

7. Encourage university staff and affiliates to attend awareness seminars aimed at motivating them to quit smoking and avoid substance abuse.
8. Work on modifying smokers' behavior through the participation of the humanities faculties (e.g., Faculty of Education, Faculty of Social Work, and others), with all smokers within the university and university hospitals serving as the target population.
9. Attract smokers through announcements on the university's official Facebook page, WhatsApp groups, and other communication platforms. In addition, provide smokers with medical services such as blood glucose and blood pressure screening, as well as free samples of smoking cessation medications.
10. Launch a mobile application through which individuals who wish to quit smoking can register their information. They will then receive a reply message specifying the date, time, and location of their smoking cessation consultation.
11. Activate the Anti-Smoking Committees established in each faculty and institute.
12. Treat the use of electronic cigarettes (e-cigarettes) and vaping devices in the same manner as conventional tobacco cigarettes under the university's smoke-free policy.
13. Awareness activities should precede the enforcement of penalties, as follows:

First: Awareness:

- * Conduct awareness campaigns through brochures, banners, and other educational materials, incorporating the measures outlined in Items (1) and (2) above.

Second: Enforcement:

* Begin implementing disciplinary measures three months after the commencement of the awareness campaign by activating the provisions specified in Items (3), (4), and (5) above.

14. Engage students who have successfully quit smoking (on a voluntary basis) in peer education activities to raise awareness among their colleagues by sharing their personal experiences and recovery journey.

- Appropriate signs prohibiting smoking have been placed throughout the university campus, and surprise inspections are conducted in lecture halls and classrooms by a specialized committee, which warns against smoking in these areas and imposes immediate fines on anyone who is caught smoking.

ممنوع التدخين



No Smoking



متوسط العمر بالسنوات



توقف الآن قبل فوات الأوان

