

## **Heba Mahmoud C.V.**

### **Personal information**

- **Name:** Heba Mahmoud Mohammed Mohammed.
- **Date of birth:** 19/5/1985.
- **Sex:** Female.
- **Marital status:** Married.
- **Nationality:** Egyptian.
- **Address:** Public Health and Community Department, Faculty of Medicine, Assiut University, Assiut.
- **Post-code:** 71111, EGYPT.
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### **Degrees:**

- Bachelor of Medicine and Surgery 2008, Assiut University (Excellent with Degree of Honor).
- Master of Public Health and Community Medicine 29<sup>th</sup> December 2013 (Excellent).
- PhD of Public Health and Community Medicine November 2018.

### **Positions held:**

- 1/3/2009-28/2/2010: House Officer of Assiut University Hospital.
- 1/3/2010- 3/2/2014: Demonstrator of Public Health Department, Assiut University.
- 4/2/2014 - 30/12/2018: Assistant lecturer of Public Health Department, Faculty of Medicine, Assiut University.
- 31/12/2018 till now: Lecturer of Public Health Department, Faculty of Medicine, Assiut University.

## **Current Position:**

Lecturer of Public Health and Community Medicine, Faculty of Medicine, Assiut University.

## **Current activities & Work experience:**

- Teaching Public Health to undergraduate medical students.
- Participating in community service groups of Assiut University hospital to offer medical services in Assiut villages.
- Conduct health education sessions on reproductive health at female preparatory, secondary schools and Red Crescent society.
- Teaching postgraduate students in medical biostatistics and research methodology.
- Training session for nurses in the Ministry of Health and Raedaat Refeyaath on Early Childhood Development.
- Share in teaching of infection control diploma by Ministry of Health
- Participated in Everyone Campaign of SAVE THE CHILDREN: in training of Raedaat Refeyaath and PHC physicians in child nutrition beginning from pregnancy till 5Y, prevention of psychological problems of young children.
- Participated in training of nurses and doctors on KMC.
- Prepared health education brochure with student groups on ECD for mothers.
- My doctoral degree thesis was on the impact on a maternal health education program on early childhood development

## **Personal Skills:**

- Languages: Arabic: Native Language.
  - English: Fluent.
- Computer skills: Excellent Experience in Word, PowerPoint, Excel and SPSS.

## **Workshops attended:**

- Attending courses on Johns Hopkins school of Public Health (JHSPH) in USA from 23 March 2012 to 19 May 2012 on:
  - Methods of analysis on large data survey.
  - Reproductive and perinatal epidemiology.
  - Reading on Family Planning.
  - Application on program monitoring and evaluation.
- Advanced analytic methods for reproductive health researchers using spss
- Using Excel program in qualitative data analysis.
- Qualitative research data collection and analysis using Dedoose software.
- Monitoring and Evaluation of Public Health Programs.

## **Membership of professional bodies:**

- The Egyptian Association of Community Medicine.
- The Egyptian Association of Smoking cessation in Assiut Governorate

## **Publication**

1. Morbidity profile and its relationship with disability among elderly people residing geriatric homes and attending geriatric social clubs in Assiut city, Egypt, Al-Azhar Assiut Medical Journal, Vol.(11), No. (3), Juli, 2013:49-79
2. The effect of a maternal training programme on early childhood development in Egypt. East Mediterr Health J. 2018;24(x):xxx.
3. Medico-legal evaluation and trend of the different patterns of maxillofacial fractures concomitant with closed head injury in Upper Egypt: retrospective study. Egyptian Journal of Forensic Sciences, (2020) 10:11
4. Views and attitudes of university students in Upper Egypt towards youth health centers, December 2020. Journal of the Egyptian Public Health Association, Volume 95, Issue 1, Pages 1-9
5. Spousal violence and its determinants among married adolescent girls in Upper Egypt. Journal of the Egyptian Public Health Association (2020) 95:28.

6. Prevalence and predictors of colour vision defects among Egyptian university students. Eastern Mediterranean Health Journal. EMHJ – Vol. 27 No. 4 – 2021
7. Family planning perspectives and practices of married adolescent girls in rural Upper Egypt. The European Journal of Contraception & Reproductive Health Care. 2021.
8. Cross-Cultural Adaptation and Psychometric Assessment of an Arabic Version of the Health Care Provider HIV/AIDS Stigma Scale.2021. Journal of the International Association of Providers of AIDS Care. Volume 20: 1-8.
9. Contemporary outcomes of aortic arch hypoplasia and coarctation repair in a tertiary pediatric cardiac surgery center.2021. Cardiology in the Young.
- 10.Worry from contracting COVID-19 infection and its stigma among Egyptian health care providers. Journal of the Egyptian Public Health Association (2022) 97:2
11. Depressive symptoms and its correlates among medical students in Upper Egypt. Middle East Current Psychiatry (2022) 29:66