# Mina Safwat, MSc

### **Personal Data:**

Full Name: Mina Safwat Fekry Seif

Birth Date and Place: 7/6/1993 in Assiut, Egypt

**Citizenship**: Egypt **Nationality:** Egyptian

**Marital Status:** Single

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### **Summary Statement:**

I am an orthopedic surgeon with experience in basic orthopedic surgeries in different orthopedic sub-specialties. I am formally trained in based orthopedic surgeries with special interest to trauma cases including Upper and Lower limbs.

## **Present Employment:**

Assistant Lecturer (Instructor Level) of Orthopedic Surgery - Assiut University Hospital, Faculty of Medicine, Assiut University, Egypt

## **Present Academic Rank and Position:**

Assistant Lecturer of Orthopedic Surgery – Assiut University Hospital, Faculty of Medicine, Assiut University, Egypt 11/2023 – present

# **CERTIFICATES AND DEGREES:**

- AO College program 2024(AO Spine division) / AO Foundation, Switzerland. Included (Clinical topics Spine & Research Training and Professional Development).
- -Master Degree of Orthopedic & Trauma Surgery [MSc] October 2023

(Grade: Very Good) Assiut University Medical School, Assiut, Egypt.

This included



<u>a) Dissertation:</u> by the title of "Outcomes Of Zone II Flexor Tendon Repair Of The Hand Under General Anesthesia Versus Wide Awake Local Anesthesia No Tourniquet, A Randomized controlled trial".

## b) Examination:

- First Part: Anatomy, Histology, Physiology, Microbiology, Pathology, Pharmacology, Anesthesia and General Surgery.
- Second Part: Orthopedic and Trauma Exams: Written, Oral, Clinical and Operative.
- -Bachelor of Medicine & Surgery [MBBCh] November 2017.

(Grade: Excellent with Honor) Assiut University Medical School, Assiut, Egypt.

-General Certificate of Education

July 2012.

(Grade: 99.5%) Franciscan Secondary School, Assiut, Egypt.

### Posts:

- **Assistant Lecturer** in the Orthopedic & Trauma Surgery Department of Assiut University Medical School from the 27th of November 2023.
- **Demonstrator** in the Orthopedic & Trauma Surgery Department of Assiut University Medical School from the 13<sup>th</sup> of December 2021.
- **Resident Doctor** in the Orthopedic & Trauma Surgery Department of Assiut University Hospital from the first of March 2019.
- **Rotating House Officer** in Assiut University Hospital from the first of March 2018.

**Spoken Languages:** • Arabic (native) • English (fluent) • Germany (average)

## **Honors and Awards**

## **International:**

- **Best Papers** Annual Meeting of the American Society for Surgery of the Hand (ASSH) 2022
- **Top three participants** in AO Spine Division of AO College program winter 2024

## National:

- **Prof. Zuhair Noaman Award** (Top of my batch in Internal Medicine), Faculty of Medicine, Assiut University 28<sup>th</sup> February 2019
- **Prof. Tarek EL Gammal Award** (President of Assiut University, Egypt at this time) (best score in Orthopedic Department Test) 16<sup>th</sup> April 2022
- Prof. Gamal Hosny Award (Best Case Discussion Comment), Egyptian Orthopedic Association 11<sup>th</sup> July 2024

### **International courses**

- AO Trauma Course: **Basic principles of fracture management** 23-26<sup>th</sup> March 2022, Assiut, Egypt.
- **ACLS** course 4 January 2023
- AO In-Hospital Module- **Acute Compartment syndrome** (19 January 2024), Assiut University Hospital, Assiut, Egypt.
- **AO Spine College** 2024 Winter edition program (21 October 2023- 10 February 2024)
- AO Trauma Course: **Advanced principles of fracture management** 4-6<sup>th</sup> July 2024, Cairo , Egypt.
- AO In-Hospital Module- **Polytrauma** (19 July 2024), Assiut University Hospital , Assiut , Egypt

## **Professional and Community Memberships, Societies**

- ASSH young international member since 1/2/2024
- AO Trauma Member since 04/2022
- AO Spine Member since 04/5/2024
- Egyptian Orthopedic Association (EOA) Member since 5/2023
- Egyptian Society For Surgery Of The Hand and Microsurgery (ESSHM) member since 3/2024

## **International Conference Presentations and E-posters**

#### **Oral Podium Presentation:**

Randomized Controlled Trial to Compare The Results of Zone II Flexor Tendon Repair Under WALANT Versus General Anesthesia, 77<sup>th</sup> Annual Meeting of the ASSH Boston, Massachusetts 09/29/2022 – 10/01/2022

#### **E-Poster:**

Results of repair of flexor tendons in zone II using minimal incisions ,78<sup>th</sup> Annual Meeting of the ASSH (5/10/2023- 7/10/2023) Toronto, Canada

## **Research Grants Awarded**

**Assiut University** 

Co- Investigator A randomized controlled trial to compare the results of zone 2 flexor tendon repair under general anesthesia and WALANT – Faculty of Medicine pilot study grant 04/2020-2023

## **Teaching Responsibilities**

Assistant lecturer, Assiut University, Egypt

Teaching and training of medical students, interns and Orthopedic Surgery residents in Assiut University Faculty of Medicine and Assiut University Hospital.

## **Interests and Skills**

## **Surgical Skills:**

- Basic injuries and fractures of the upper extremity
- Basic injuries and fractures of the lower extremity
- Hand and microsurgery
- Spine fracture

### **Computer skills:**

Office Suites: Word, Excel and PowerPoint Statistical analysis: SPSS

Graphic Design Software : Photoshop Video Editing Software : Filmora program

## **Publications:**

# **Bibliography:**

## **Peer-reviewed Articles:**

El-Gammal TA, Saleh WR, Ragheb YF, Morsy M, Ibrahim MA, **Fekry MS**. Outcomes of Zone II Flexor Tendon Repair Under General Versus Wide Awake Local Anesthesia: A Randomized Controlled Trial. J Hand Surg Am. 2024. PMID: **39115486** ...DOI: 10.1016/j.jhsa.2024.06.008

# **References:**

### Prof. Tarek Abdalla Morsy El-Gammal, MD, PHD

Vice-President for Assiut University, Egypt (2018-2022)

Professor of Orthopedic and Trauma Surgery

Senior consultant of Hand and Reconstructive Microsurgery

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### Dr. Mohamed Morsy, MD,

Assistant Professor of Orthopedic Surgery

University of Alabama at Birmingham

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### Prof. Amr Elsayed, MD, PhD

Professor of Orthopedic Surgery

Head of the Hand and Reconstructive Microsurgery Unit

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### Prof. Mohammad El-Sharkawi, MD, PhD

Senior Consultant of Spine Surgery.

Professor & Head of Orthopedic and Trauma Surgery Dept.

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