# **Curriculum Vitae**

#### Personal information:

**Family Name:** Shaaban

**First name:** Omar Mamdouh

**Birth Date:** 30 May, 1972

**Nationality:** Egyptian

**Marital status**: Married



**Current Post:** Assistant Professor of Obstetrics and Gynecology, School of Medicine, Assiut University, Egypt.

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#### Qualifications and degrees:

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| **Degree**  | **Institution** | **Date** |
| M.B.B.Ch | Faculty of Medicine, Assiut University | 1995 |
| MSc.(OB/GYN) | Faculty of Medicine, Assiut University | 2000 |
| MSc.( Reproductive health) | School of Clinical Sciences and Community Health, University of Edinburgh | 2003 |
| Doctorate (MD) (OB/GYN) | Faculty of Medicine, Assiut University | 2006 |

#### Positions Held:

House Officer Assiut University Hospital, Egypt 1/3/96 to 28/2/1997

Resident (OB/GYN) Assiut University Hospital, Egypt 1/3/97 to 23/7/2000

Research fellow Center of Reproductive Biology,

University of Edinburgh, UK 1/10/2002 to 30/9/2003

Assistant Lecturer Assiut University (OB/GYN), Egypt 24/7/2000 to 21/7/2006

Lecturer (OB/GYN) Assiut University (OB/GYN), Egypt 22/7/2006 to 22/7/2011

Assistant professor Assiut University (OB/GYN), Egypt 22/7/2011 up to the date

(OB/GYN)

#### Grants and awards:

* Soleman Hozen Award for outstanding medical research performance for the academic year 2011-2012
* Research grant from the Joint project between Department of Public Health, Faculty of Medicine Assiut University and Jones Hopkins School of Public Health "Building reproductive health capacity to serve the people of upper egypt- project 2009-2011" to a research entitled "Emergency contraception as a temporary back up of lactational amenorrhea method of contraception".
* Asia and Oceania Federation of Obstetrics and Gynecology S Ratnam-Yong Gynecologist award 2009 in the XXI1st Asia and Oceania Congress of OBGYN in Auckland, New Zealand 26-30 March 2009.
* From Assiut Medical School Grants Office, Assiut Egypt,( R9008) for research project entitled "Environmental factors and placental apoptotic markers in pregnancies associated with intrauterine fetal growth retardation", 2009.
* Award from the National committee of Quality Assurance and Accreditation for preparing undergraduate medical students course specification for OBGYN, 2007.
* Wellcome Trust Grant research (R34354) under fellowship scheme, in collaboration with Center of Reproductive biology, University of Edinburgh, Scotland, UK. Research proposal entitled “Pregnancy during breast feeding in Rural Egypt”, 2005.
* The FIGO 2006 international fellowship, Kuala Lumpur, Malaysia, 30th of October to the 11th of November 2006.
* Third prize award for best poster presentation in The 6th International Scientific Meeting of the Royal Collage of Obstetricians and Gynecologist, entitled: Improving the Health of Women: Lessons From the Past, Hope For The Future. Cairo-Egypt, September 27th-30th 2005.

#### Current Research Interest:

1. Solving the problem of Unplanned pregnancy in developing countries
2. Use of EC pills as a back of lactational amenorrhea method of contraception
3. Emergency contraceptives within marital wedlock
4. Pregnancy during breast feeding in rural Egypt.
5. Treatment of breakthrough bleeding with progestogen–only contraceptives.
6. Effect of female urinary incontinence in health related quality of life.
7. Calcium supplementation for treatment of dysmenorrhea.
8. Androgen co-treatment in ovulation induction

#### Past Research Interest:

1. A Study on the Use of Postpartum Intrauterine Contraceptive Device (PPIUD).
2. Reproductive functions in treated hydrocephalic women.
3. Evaluation and treatment of the irregular uterine bleeding in users of progestogen-only contraceptives.
4. N-acytel cysteine for treatment of recurrent unexplained pregnancy loss.
5. Cochrane systematic review on tocolytics in management of retained placenta
6. Cochrane systematic review on cervical pessary for management of preterm birth.
7. Magnesium sulphate for treatment of pre-eclampsia (Magpie Trial), a trial to evaluate the effects on women and their babies.
8. Misoprostol in management of third stage of labor

#### Clinical Experience:

Women’s Health Center (Department of Obstetrics and Gynecology Assiut University) is a big and brand new specialized center for Women’ health in Upper Egypt. I have practiced Obstetrics and Gynecology in this department for 15 years. I have got a good practice experience in fetal medicine, perinatology, Ultrasonography, gynecological oncology, infertility and family planning.

#### Teaching and community service experience:

1. Sharing in teaching of the undergraduate OBGYN course (Lectures, tutorial classes, clinical rounds and skill lab. sessions)
2. Sharing in providing postgraduate course of OBGYN department.
3. Served as a tutor for many courses held by the national Ministry of Health for: Emergency obstetric care, Postpartum and post-abortive family planning care, Hospital Infection control, OBGYN ultrasound.
4. Clinical director of the Hospital data base in women’s Health Center.
5. Active member in the management team of the Quality Assurance Unit of the faulty.
6. Sharing in the preparation of course specification and course reports for undergraduate OBGYN Courses.
7. Director of the institutional Grants managing office
8.

#### Personal skills and competences

* Mother tongue(s): Arabic
* Fluent English ( Understanding, speaking and writing)
* Computer Skills: MS Office (Word, Excel, Access, PowerPoint), SPSS, End-note
* Soft Skills: Previous president of the student scientific association in my institute.

#### Attended Courses:

1. A training course in Postpartum IUD insertion- El-Shatby Maternity University Hospital, Alexandria Egypt, 1-5 June 1997.
2. Workshop on Postpartum Family Planning and Infection Control- Assiut University Hospital, Assiut Egypt, 22-29 May 1998, sponsored by AVSC international.
3. Millennium Technology Forum (OB/GYN and the internet) in conjunction of the XVI world Congress of International Federation of Gynecology and Obstetrics Washington, D.C. September 3-8, 2000.
4. A training course for diagnostic and operative hysteroscopy at Benha University Hospital, Egypt; 21-23 April 2001.
5. From Science to Action: Reproductive Health in the Arab Countries, workshop in the Social Research Center, The American University in Cairo, 21 October - 8 November 2001.
6. Reproductive Health Research training program, Ibis Reproductive health. Edinburgh, Scotland, UK, 11-16 may 2003.
7. The FIGO 2006 international fellowship in Malaysia in the period between the 30th of October to the 11th of November 2006 on decreeing maternal mortality.
8. Advanced Course of Fetal Medicine organized by the International Society of Ultrasound in Obstetrics and Gynecology, Cairo, Egypt 8th-11th January 2007.
9. Training workshop on : "Making Evidence based decision in Reproductive Health"From 13-15 September 2008 organized by the Faculty of Medicine Assiut University in Cooperation with Johns Hopkins Bloomberg School of Public Health

#### Conferences:

1. American Society of Reproductive Medicine (ASRM) 69th Annual Meeting held Conjoint with IFFS  Boston Convention & Exhibition Center, October 17-22,2013, Boston, Massachusetts, USA
2. The 5th International Symposium of Women's Health Issues in Thrombosis and Hemostasis, February 1-3, 2013, Vienna, Austria.
3. American Society of Reproductive Medicine (ASRM) 67th Annual meeting October 20-24, 2012 San Diego Convention Center, San Diego, C.A, USA.
4. The 26th Annual scientific meeting of Obstetrics and gynecology Department, faculty of Medicine, Alexandria University May 2-4, 2012, Helnan Palestine Hotel, Alexandria-Egypt.
5. The 13th Annual conference of the Department of Obstetrics and Gynecology , Cairo University, 12-13 April, 2012
6. American Society of Reproductive Medicine (ASRM) 66th Annual meeting October 23-27, 2010 Colorado Convention Center , Denver, C.O, USA
7. Mirena Forum,Held in Riga Latvia from 24-27 September 2009.
8. The XXI1st Asia and Oceania Congress of OBGYN Held in Conjunction with the Royal and New Zealand Collage of Obstetricians and gynecologist in Auckland, New Zealand 26-30 March 2009.
9. British International Congress of Obstetrics and Gynecology, 4-6 July 2007, ExCel, London, UK.
10. For Safe Reproductive Health, 12th-16th of February 2007 Assiut, Egypt.
11. The Egyptian Fertility and Sterility Society, 11th Annual Conference Cairo, Egypt. September 7th –8th 2006.
12. 12th annual Scientific Meeting of the Middle East Fertility Society, Luxor, Egypt 23rd-26th November 2005
13. The 6th International Scientific Meeting of the Royal Collage of Obstetricians and Gynecologist, Improving the Health of Women: Lessons From the Past, Hope For The Future Cairo-Egypt September 27th-30th 2005.
14. For better reproductive Health. Assiut, Egypt. 15-17 February 2005.
15. Population Problem and Reproductive Health challenges in Northern Upper Egypt. El-Mania, Egypt 4-5 March, 2004.
16. XVI world Congress of International Federation of Gynecology and Obstetrics. Washington, D.C. September 3-8, 2000.
17. XVIII FIGO World Congress of Gynecology and Obstetrics, 5th-10th November 2006, Kuala Lumpur, Malaysia.

**Thesis & conference abstracts:**

1. Omar M Shaaban, Mona A El-Baz, AMira M EL-Noweihi, Khalid M Mohany, Thrya S El-Deep. Environmental pollutants and placental apoptotic indices in pregnancies complicated with intrauterine growth retardation In proceeding of: American Society of Reproductive Medicine (ASRM) 69th Annual Meeting held Conjoint with IFFS, October 17-22,2013, Boston, Massachusetts, USA.
2. Safwat A Salman, Omar M Shaaban, Kamal, M Zahran, Mohamed M Fathalla, Mohamed A Anan. Low molekular weight Heparin (LMWH) for treatment of recurrent miscurrage tested negativly for antiphospholipid syndrome: a randomized controlled trial. In the proceeding of ASRM 67th Annual meeting October 20-24, 2012 San Diego Convention Center, San Diego, C.A, USA.
3. Bedaiwy MA, Shabaan OM, Casper RF. Pregnancy outcome after the use of metformin in PCOS patients. Fertility and Sterility, Volume 88, Supplement 1, September 2007, Page S185.
4. Shaaban OM, Galsier AF. Unintended pregnancy during breastfeeding in rural Egypt. Oral presentation in the British International Congress Of Obstetrics and Gynecology, 4-6 July 2007, ExCel, London, Uk.
5. Shaaban OM, Clinical Audit, examples and Lessons. Oral presentation in the 3rd International Conference of the Department of Obstetrics and Gynecology El-Minia University, entitled: Towards Lowering maternal Mortality in Upper Egypt, El-Minia, Egypt, 1st-2nd March 2007.
6. Abdel-Aleem H, Shaaban OM, Kroosh SS, Abdel-Aleem AM. Endometrium of progestogen-only contraceptive users "contact- hysteroscopy and immuniohistopathological evaluation". 6th International Scientific Meeting of the Royal College of Obstetricians and Gynecologists 2005, Cairo, Egypt.
7. Abdel-Aleem H, Shaaban OM, Amin AF, Abdel-Aleem AM. Tamoxifen treatment of bleeding irregularities associated with Norplant Use. Contraception. 2005; 72:432-437.
8. Shaaban OM. Evaluation and treatment of irregular uterine bleeding associated with progestogen-only contraceptives. MD thesis: Assiut University, 2005.
9. Shaaban OM. Unscheduled uterine bleeding associated with (long term) progestogen-only contraception (POC). MSc: University of Edinburgh, 2003.
10. Safwat AM, Kamel M, Shabban OM, Salem HT. Acceptability for the use of postpartum intrauterine contraceptive devices: Assiut Experience. Med princ Pract 2003; 12:170-175.
11. Salem HT, Kamel MA, Mohamed SA, Shaaban OM. Acceptability of Postpartum IUD (PPIUD). The XVI world Congress of International Federation of Gynecology and Obstetrics 2000, Washington, D.C.
12. Shaaban OM. A Study on the Use of Postpartum Intrauterine, Contraceptive Device (PPIUD); Assiut Experience MSc: Assiut University, 1999.

#### Publications (from the most recent):

1. Ali M. El Saman, Magdi M. Amin, Mohamad T. Khalaf, Dina M. Habib, Omar M. Shaaban, Alaa M. Ismail. Cryptomenorrhea with cervico-vaginal aplasia; Endoscopic trans-fundal development of the lower genital tract. Gynecological surgery, in press.
2. Ali M. El Saman, Ahmed Y. Shahin, Ahmed Nasr, Omar M. Shaaban, Mohammad M. Fathalla, Hazeem Sadeldeen and Reda M. Tawfikb. Mllerian duct anomalies: towards an ‘adolescent-focused, treatment-based’ classification system. Evidence Based Women's Health Journal, 2012, 2 (3): 69–79.
3. Shaaban OM, Youssef AE, Khodry MM, Mostafa SA. Vaginal douching by women with vulvovaginitis and relation to reproductive health hazards. BMC Women’s Health. 2013;13:23.
4. Shaaban OM, Hassen SG, Nour SA, Kames MA, Yones EM. Emergency contraceptive pills as a backup for lactational amenorrhea method (LAM) of contraception: a randomized controlled trial. Contraception. 2013 Mar;87(3):363-9.
5. Khodary MM, Shazly SA, Ali MK, Badee AY, Shaaban OM. The Patterns and Criteria of Vaginal Douching and the Risk of Preterm Labor Among Upper Egypt Women. J Low Genit Tract Dis. 2013 Apr 2.
6. Hassanin IM, Shaaban OM. Impact of the complete ban on female genital cutting on the attitude of educated women from Upper Egypt toward the practice. Int J Gynaecol Obstet. 2013 Mar;120(3):275-8.
7. Abdel-Aleem H, Shaaban OM, Hassanin AI, Ibraheem AA. Analysis of cesarean delivery at Assiut University Hospital using the Ten Group Classification System. Int J Gynaecol Obstet. 2013 Jul 31.
8. Abdel-Aleem H, Shaaban OM, Abdel-Aleem MA. Cervical pessary for preventing preterm birth. Cochrane Database Syst Rev. 2013;5:CD007873.
9. Abdel-Aleem H, Shaaban OM, Abdel-Aleem MA, Fetih GN. Doxycycline in the treatment of bleeding with DMPA: a double-blinded randomized controlled trial. Contraception. 2012 Sep;86(3):224-30.
10. Shaaban OM, Fetih GN, Abdellah NH, Ismail S, Ibrahim MA, Ibrahim el SA. Pilot randomized trial for treatment of bacterial vaginosis using in situ forming metronidazole vaginal gel. J Obstet Gynaecol Res. 2011 Jul;37(7):874-81.
11. Shaaban OM, Fathalla MM, Shahin AY, Nasr A. Emergency contraception in the context of marriage in Upper Egypt. Int J Gynaecol Obstet. 2011 Mar;112(3):195-9.
12. Abdel-Aleem H, Abdel-Aleem MA, Shaaban OM. Tocolysis for management of retained placenta. Cochrane Database Syst Rev. 2011(1):CD007708.
13. Zakherah MS, Nasr A, El Saman AM, Shaaban OM, Shahin AY. Clomiphene citrate plus tamoxifen versus laparoscopic ovarian drilling in women with clomiphene-resistant polycystic ovary syndrome. Int J Gynaecol Obstet. 2010 Mar;108(3):240-3.
14. El-Azab AS, Shaaban OM. Measuring the barriers against seeking consultation for urinary incontinence among Middle Eastern women. BMC Womens Health. 2010;10:3.
15. Abdel-Aleem H, Shaaban OM, Abdel-Aleem MA. Cervical pessary for preventing preterm birth. Cochrane Database Syst Rev. 2010(9):CD007873.
16. Tilley IB, Shaaban OM, Wilson M, Glasier A, Mishell DR, Jr. Breastfeeding and contraception use among women with unplanned pregnancies less than 2 years after delivery. Int J Gynaecol Obstet. 2009 May;105(2):127-30.
17. Shokry M, Shahin AY, Fathalla MM, Shaaban OM. Oral misoprostol reduces vaginal bleeding following surgical evacuation for first trimester spontaneous abortion. Int J Gynaecol Obstet. 2009 Nov;107(2):117-20.
18. Shahin AY, Ismail AM, Shaaban OM. Supplementation of clomiphene citrate cycles with Cimicifuga racemosa or ethinyl oestradiol--a randomized trial. Reprod Biomed Online. 2009 Oct;19(4):501-7.
19. Nasr A, Shahin AY, Elsamman AM, Zakherah MS, Shaaban OM. Rectal misoprostol versus intravenous oxytocin for prevention of postpartum hemorrhage. Int J Gynaecol Obstet. 2009 Jun;105(3):244-7.
20. El Saman AM, Fathalla MM, Zakherah MS, Shaaban OM, Nasr A. Modified balloon vaginoplasty: the fastest way to create a natural: minor changes in technique eliminate the need for customized instruments. Am J Obstet Gynecol. 2009 Nov;201(5):546 e1-5.
21. Shaaban OM, Glasier AF. Pregnancy during breastfeeding in rural Egypt. Contraception. 2008 May;77(5):350-4.
22. Bedaiwy MA, Fathalla MM, Shaaban OM, Ragab MH, Elbaba S, Luciano M, et al. Reproductive implications of endoscopic third ventriculostomy for the treatment of hydrocephalus. Eur J Obstet Gynecol Reprod Biol. 2008 Sep;140(1):55-60.
23. Amin AF, Shaaban OM, Bediawy MA. N-acetyl cysteine for treatment of recurrent unexplained pregnancy loss. Reprod Biomed Online. 2008 Nov;17(5):722-6.
24. Abdel-Aleem H, Shaaban OM, Amin AF, Abdel-Aleem AM. Tamoxifen treatment of bleeding irregularities associated with Norplant use. Contraception. 2005 Dec;72(6):432-7.
25. Mohamed SA, Kamel MA, Shaaban OM, Salem HT. Acceptability for the use of postpartum intrauterine contraceptive devices: Assiut experience. Med Princ Pract. 2003 Jul-Sep;12(3):170-5.

**References**

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| Professor Mahmoud M. Fathalla | Department of Obstetrics and Gynecology, Assiut University, Assiut, Egypt, Ex-president of the FIGO |
| Professor Anna F. Glasier | Obstetrics and Gynaecology Section, Department of Reproductive and Developmental Science, University of Edinburgh. |
| Professor Hasan S. Kamel | Chairman of the Department of Obstetrics and Gynecology, Assiut University, Assiut, Egypt |