

Curriculum Vitae



Personal Data :

- **Name:** Ahmed Nasreldein.
- **Date and Place of Birth:** 10 MAY 1980. Assiut, Egypt.
- **Gender:** Male.
- **Nationality:** Egyptian.
- **Current Position:** Lecturer and Consultant in Neurology Department - Assiut University Hospitals- Assiut University - Egypt.
- **Address:** Department Of Neurology and Psychiatry - Assiut University Hospitals, 71526 - Assiut University – Assiut. Egypt.
- **Telephone :** +201009949677 (Mobile)
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Organizational membership:

- Egyptian Medical Syndicate membership number: 160223.
- Egyptian society of Neurology, Psychiatry and Neurosurgery.
- German Society of Neurology (Deutsche Gesellschaft für Neurologie).
Membership number: 52677
- European Academy of Neurology.
- European federation of neurosonology and cerebral hemodynamics.
- World Stroke organization.

Languages spoken:

- **Arabic** (native Language).
- **English** (was learned in the school and I studied and practicing medicine in English (C1 level).
- TOEFL (Test of English as a Foreign Language) Internet- Based Test score **86** in 11 December 2009.
- **German Language :**
 - Passed the B2 level examination successfully (March 2012 in Goethe Institute Mannheim).
 - Passed B2+/ C1 level in German language course in Saarland University Hospitals (March 2013-Oct 2013).

Licensing

- Medical License to practice medicine in Egypt
- Permanent medical License to practice medicine in Germany (Approbation als Arzt) Approbation Number: APP-0117-2013/0.

Qualifications:

- **M.B.B.Ch** Assiut University, Assiut, Egypt, Excellent with degree of Honor , 2003.
- **M.Sc** Neurology with General Grade Very Good and my Review article For M.Sc was Genetic **Basis of Epilepsy.**
- **M.D (Doctorate)** Degree In Neurology in May 2015
- Has passed the Exam of the European Board of Neurology and has therefore been awarded a **Fellow of the European Board of Neurology (2015).**

Work experience :

- March 2005- March 2008: Resident doctor in the department of Neurology and Psychiatry, Assiut university hospitals, Assiut , Egypt.
- March 2008- January 2009: Demonstrator in Department of Neurology.
- January 2009- December 2011: Assistant lecturer in the Department of Neurology. Assiut university hospitals, Assiut, Egypt.
- December 2011– December 2013: DAAD Scholarship (Training and Research program for physicians) and worked as Visiting Doctor (Gastarzt) in the Department of Neurology, Saarland university hospitals, Homburg, Saarland, Germany.

- December 2013 till May 2015: Assistant lecturer in the Department of Neurology. Assiut university hospitals, Assiut, Egypt.
- May 2015 till now: lecturer in the Department of Neurology. Assiut university hospitals, Assiut, Egypt.

Training:

Medical

- Training on Neurovascular Ultrasound in Department of Neurology, Ain Shams University, and Cairo, Egypt. (May, June 2010)
- Training on Neurovascular Ultrasound in Department of Neurology, Saarland University Hospitals, Homburg/Saar/Germany in (04 – 05/ 05/ 2012) and (17 – 18/ 11/ 2012).
- Neurogeriatrics course In the Department of Neurology, Saarland University Hospitals. Saarland. Germany. (25.04.2012).
- EEG course in in Department of Neurology, Saarland University Hospitals. Homburg/Saar/Germany. (23.06.2012).
- Comprehensive Stroke Management Workshop in the Department of Neurology Saarland University Hospitals. Homburg/Saar/Germany. (06.2013).
- Training in Neurology Hospital, Rostock University Hospitals, Rostock, Germany in Neurovascular disorders, Cerebrovascular Stroke, Ultrasound and its applications in different cerebrovascular disorders, degenerative disorders, diagnosis of Cranial and Peripheral Nerves disorders (23 June- 22 July 2017).
- Emergency Neurological Life Support (ENLS) course. In Berlin at Arbeitstagung NeuroIntensivmedizin (ANIM) conference from 17-19 January 2019
- Advanced Neuromuscular Ultrasound course on Ultrasound guided Botulinum toxin injection for spasticity, Cairo, Egypt. Dec, 2019.

Publications :

- **Translation of the 'time is brain' concept into clinical practice: focus on prehospital stroke management.** A. Ragoschke-Schumm, S. Walter, A. Haass, C. Balucani, M. Lesmeister, **A. Nasreldein**, L. Sarlon, A. Bachhuber, T. Licina, Q. Grunwald, and K. Fassbender. *Int J Stroke*. 2014 Apr;9(3):333-40. doi: 10.1111/ijss.12252. Epub 2014 Mar 4.
- **'Stroke Room': Diagnosis and Treatment at a Single Location for Rapid Intraarterial Stroke Treatment.** Ragoschke-Schumm A, Yilmaz U, Kostopoulos P, Lesmeister M, Manitz M, Walter S, Helwig S, Schwindling L, Fousse M, Haass A, Garner D, Körner H, Roumia S, Grunwald I, **Nasreldein A**, Halmer R, Liu Y, Schlechtriemen T, Reith W, Fassbender K. *Cerebrovasc Dis*. 2015;40(5-6):251-7. doi: 10.1159/000440850. Epub 2015 Oct 21.
- **Public stroke knowledge, awareness, and response to acute stroke: Multi-center study from 4 Egyptian governorates.** Farrag M , Oraby M, Ghali A, Ragab O, **Nasreldein A**, Shehata G, Elfar E, Abd-Allah F. *J Neurol Sci*. 15;384:46-49. doi: 10.1016/j.jns.2017.11.003. Epub 2017 Nov 4.
- **The Effect of 20 Hz versus 1 Hz Repetitive Transcranial Magnetic Stimulation on Motor Dysfunction in Parkinson's Disease: Which Is More Beneficial.** Khedr EM, Al-Fawal B, Abdel Wraith A, Saber M, Hasan AM, Bassiony **A, Nasr Eldein A**, Rothwell JC4. *Journal of Parkinson's disease*, vol. 9, no. 2, pp. 379-387, 2019.
- **TMS excitability study in essential tremor: Absence of gabaergic changes assessed by silent period recordings.** Eman M. Khedr, Bastawy El Fawal, Ahmed Abdelwarith, **Ahmed Nasreldein**, John C.Rothwell, Mostafa Saber.
- **Pattern of atherosclerosis among ischemic stroke patients in south of egypt: hospital based study.** Eman Khedr, Abeer Abdel Hady, Ahmed Nasreldein, Ahmed Abelwarith, Mohamed Habel. presented as oral presentation in the 24 meeting of the European society of Neurosonology and cerebral hemodynamics, 5-7 April 2019 in Linz Austria.
- **A proposal for a novel TCCS-based grading system for intracranial collaterals in cases of symptomatic Carotid occlusion.** Foad Abd-Allah, Haytham Rizk, Mohammad Ahmed Farrag, Mohamed Hafez Shaaban and **Ahmed Nasreldein**. *Frontiers in Neurology* 2020/July/ 11:666.
- **Pre and in-hospital delay in the use of thrombolytic therapy for acute ischemic stroke patients in Egypt.** A. Nasreldein, F. Abd -Allah, Azza A. Ghali , Klaus Faßbender , GA Shehata , Khaled O. Mohamed. Would be presented as poster in World Congress of Neurology conference at 27. Oct. 2019 in Dubai.

- **Impact of Type 2 Diabetes Mellitus on the Cerebral Blood Vessels in Asymptomatic Patients in Egypt (Ultrasonographic Study).** Ahmed Nasreldin, Ghaydaa Ahmed Shehata , Lobna Abdel-Wahid Ahmed, Mohamed Fathy Mahmoud and Khaled Osama Mohamed. Archives of Neuroscience. 2020 July; 7(3):e105600.
- **Prevalence of asymptomatic atherosclerosis of extracranial vessels among hypertensive patients in southern Egypt: An extracranial duplex study.** Ghaydaa A Shehata, Lobna Abdelwahid, Mohamed Fathy, **Ahmed Nasreldin**. Accepted for publication in The Neurosciences Journal (2020)

Conferences attended:

1. Oral presentations

International conferences

- Presented oral presentation at the 24 meeting of the European society of Neurosonology and cerebral hemodynamics, 5-7 April 2019 in Linz Austria. The title was: **Pattern of atherosclerosis among ischemic stroke patients in south of Egypt: hospital-based study.**
- Stroke and interventional Neurology workshop, congress of the 17th Pan Arab Union of Neurological Societies; Feb 2020 Cairo, Egypt. Lecture title: **Antithrombotics protocol in mechanical thrombectomy**

National conferences

- 8th Annual conference of the Neuropsychiatry Department Faculty of Medicine, Alexandria University & 1st Middle East and North Africa, Stroke and Interventional Neurology Organization (Mena-Sino). March 2016. Lecture title: **Recent Updates in the management of cerebral Hemorrhage**
- Stroke and interventional Neurology workshop in the 19th Middle East and North Africa (MENA) stroke conference; Cairo, Oct. 2017. Lecture title: **Imaging of stroke.**
- 16th Annual conference of the Neuropsychiatry Department, Faculty of Medicine, Assiut University, Assiut, Egypt. 3-5 April 2018. Lecture title: **How to perform extra and transcranial ultrasound.**
- Stroke and interventional Neurology workshop in 20th Cairo International neurology conference (CNC) 13-15 February 2019. Lecture title: **Applied Neurovascular Anatomy**
- 3rd International Congress of Neuropsychiatry Dep.Aswan Egypt, MAR. 2019. Lecture title: **Secondary prevention of ischemic stroke**

- The 8th International Sohag Neurology Conference, April 2019, Cairo, Egypt. Lecture title: **Decision making in the cerebrovascular diseases**
- Second International Egyptian Stroke Conference in Collaboration MENA Stroke Organization and European Stroke Organization; Nov. 2019, Cairo, Egypt. Lecture title: **Antithrombotic therapy in patients with acute or prior intracerebral hemorrhage**
- 5th Neuroepidemiology International Conference in collaboration with Neuroepidemiology research center (NERC) in Sept. 2019, Cairo, Egypt. I was one of the Neuro-ophthalmology session presidents and I gave lecture: **Diagnostic approach to vision loss**

2. Poster Presentations

- **Pre and in-hospital delay in the use of thrombolytic therapy for acute ischemic stroke patients in Egypt.** In World Congress of Neurology conference at 27. Oct. 2019 in Dubai.
- **The role of gut microbiota in the Egyptian relapsing remitting multiple sclerosis patients.** In the 8th joint meeting of the ACTRIMS (Americas Committee for Treatment and Research in Multiple Sclerosis) and ECTRIMS (European Committee for Treatment and Research in Multiple Sclerosis), Washington, USA. Sept. 2020.
- **Neuromyelitis optica spectrum disorders (NMOSD) attack triggered by COVID-19 infection (A case report).** In the 8th joint meeting of the ACTRIMS (Americas Committee for Treatment and Research in Multiple Sclerosis) and ECTRIMS (European Committee for Treatment and Research in Multiple Sclerosis), Washington, USA. Sept. 2020.

3. Participation as an attendant:

- XIII World Congress of Psychiatry 10-15 September 2005.
- 9th Cairo International Neurology Conference 13-15 February 2008.
- The 28th Faculty of medicine Annual scientific conference Assiut, 20-23 March 2010.
- 1st International congress of Neuroscience, 6th international congress of Psychiatry 4-5 May Cairo, 6-8 May 2010 Sharm El Sheikh.
- 12th Neurology Day of Department of Neurology Saarland/Germany at 23 February 2013.
- 16th World Neurosonology meeting (17-20 Oct 2013) in Sofia, Bulgaria
- German Society of Neurology (Deutsche Gesellschaft für Neurologie) annual meeting (Neurowoche 2018) in Berlin in the period from 30. October- 3 November).
- Arbeitstagung NeuroIntensivmedizin (ANIM) in January 2019, The annual meeting of the German society of neurointensive care society and German stroke society.

- TheECTRIMS 2019 - 35th Congress of the European Committee for Treatment and Research of Multiple Sclerosis, Stockholm, Sweden, 11/09/2019-13/09/2019.
- The World Congress of Neurology conference at 27. Oct. 2019 in Dubai.