



Antenatal anxiety and depression among pregnant women attending El Eman Hospital Assiut City

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Abstract:

Pregnancy and the transition to parenthood involve major psychological and social changes in future parents. These changes have been linked to an increase in anxiety rates and depression symptoms. The aim of the study: was to investigate the prevalence, degrees and risk factors of antenatal depression and anxiety among pregnant women attending El-Eman Specialized Hospital, for antenatal care.

Keywords:

anxiety, depression, pregnancy, antenatal, prevalence, risk factors

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