



# Impact of Immediate Versus Delayed Post Abortion Family Planning Counseling on Increasing Contraceptive Rate at Beni Sueif General Hospital

Doaa Mohamed Thabet, Mahmoud Ahmed Mahmoud Abdel-Aleem, Ghadah Abdelrahman Mahmoud

## Abstract:

Abortion is the termination of a pregnancy by the removal or expulsion of an embryo or fetus from the uterus, resulting in or caused by its death. The aim of this study: Assess the impact of Immediate Versus Delayed Post Abortion Family Planning Counseling on Increasing Contraceptive Rate Subjects and method: All the included Post abortion women were randomly assigned into two main groups, Intervention Group women was counseled immediately after abortion about the family planning methods. The Control Group women who were receive the same counseling information but after one week of abortion at the Out Patient Family Planning Clinics. Results: The majority of both groups had no pregnancy with using family planning methods "79.0%&79.5%" respectively, with sig. differences between both groups P.V (0.040). Conclusion: There is Sig. differences with P.V (0.001) between Intervention and Control group as regards to the rate of contraceptive use. So Delayed is better than Immediate post abortion Family Planning Counseling on Increasing Contraceptive Rate. Recommendations: Public health promotion programs approved by the Ministry of Health should promote child-spacing, modern methods of contraception.

## Keywords:

Abortion, Counseling , Family Planning &Methods.

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