



# Workplace Bullying Against Medical and Nursing Team Working At Emergency Departments in Assiut University Hospital

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## Abstract:

Bullying has a pervasive deleterious effect on the whole organization and ultimately the quality of patient care. This study aimed at determining workplace bullying against nursing and medical team working at emergency departments in the Assiut University hospital, Egypt. The descriptive cross-sectional research design and stratified random sampling technique were used on 517 participants, 104 of them were medical staff and 413 were nursing staff. A self-administered questionnaire was used to collect data which included the socio-demographic data, negative acts questionnaire-revised, job satisfaction scale, the hospital anxiety and depression scale and self-esteem scale. The findings of the study indicated that 93.2%, 87.5% of the nursing and medical team, respectively, were exposed to even one incident of bullying in the previous six months. Moreover, 39.0% of the nursing team mentioned that they were exposed to more than half of the Negative Acts Questionnaire. Patients' visitors were the main sources of bullying. A positive correlation was found between bullying and anxiety and depression among the medical and nursing team. On the other hand, a negative correlation was found between bullying and job satisfaction and self-esteem among the medical and nursing teams. So., we suggest an introduction of a reporting system and education activities for those high-risk groups.

## Keywords:

Workplace Bullying; Mobbing; Violence; Medical Team; Nursing Team; Emergency Departments.

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