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# Perceived work status by resident physicians, nurses and nurse supervisors at Assiut University Hospital

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## Abstract:

The period of medical and nursing residency is a bottleneck because of the load of work, training, patient's treatment, relations with senior professions, accommodation and other issues. A two-years residency program similar to that of physicians was introduced recently in 1990 for the graduates of the High Institute of Nursing (HIN) in Assiut University Hospital. 134 resident physician and 71 HIN graduates included nurse residents were studied to focus the light on the work status during residency program as perceived by them. All nurses and 16.4% of resident physicians did administrative work. 97.0 % of resident physicians and 67.6% of nurses did patient care. Only nurses do report and records writing, in addition to 18.3% did requests for maintenance and cleaning. Physicians' were more tired from workload since only 1.9% got enough sleep, on contrary to nurses (31.0%). Only 4.5% of physicians and 7.0% of nurses did house officers and internship nurses training. Most of resident physicians (70.1%) and 86.0% of nurses believe it is unsatisfactory due to absence of a training program in the department, no enough time, and lack of interest by house-officers and internship nurses. The main difficulties encountered during residency mentioned by resident physicians were: the huge number of patients and shifts (58.2%) (p

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