

**السيرة الذاتية(c.v)**

***Personal data:***

**Name : Rasha Rabie Fahmy Ali El-Din.**

**Date of Birth : 11/8/1984 AD**

**Religion : Muslim .**

**Nationality : Egyptian .**

**the situation \_ Social : married .**

**Address : Address (1) Apartment ( 3 ) Abu Bakr Al Siddiq Tower - Street Al-Awamiya branched from Al-Sabil Street - Al- Zohour District - behind Sayed Pharmaceutical Factory- Assiut Governorate - Arab Republic of Egypt.**

**Address (2) : Al- Hurriya Street - Deir Mouas - Minya.**

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**Mail Email : dr\_rasharabea@yahoo.com**

**Position : Assistant Professor of Athletic Training Fencing swear Athletic Training and Kinesiology - College Education Sports - Assiut University .**

***Qualifications:***

**- Bachelor of Physical Education, Minia University , 2005, with a grade of “very good” with honors.**

**- Master of Physical Education, Department of Physical Training , Mansoura University, entitled " The effect of plyometric training on bone mineral density and its relationship to the effectiveness of the performance of the movements of the legs for female fencing under 20 years old "2010 AD.**

**- Ph.D. in Physical Education, Department of Sports Training , Mansoura University, entitled “The Effect of Anaerobic Training on Stem Cells and the Effectiveness of The performance of the two-legged movements of female fencing girls " 2014 AD .**

***Job hierarchy : \_***

**on 1/8/2007 AD**

**- Assistant teacher on 30/6/2010 AD**

**- Teacher on 3/25/2014 AD**

**- Assistant Professor on 30/6/2019 AD**

***Sports and scientific championships and awards:***

**- Obtaining the first place in the Abbas Al-Ramli Fencing Championship (bush fence) in 2004 AD.**

**- Obtaining the award for the best scientific theses for the master's degree for the academic year 2011/2012 AD at Mansoura University.**

***Field Experience:***

**- A player registered with the Egyptian Federation of Arms from 2004 to 2006.**

**- player registered in union Egyptian basketball until 2003 AD / 2004 AD .**

**- Registered trainer in the Egyptian Federation of Arms from 2009 to date.**

**- Roller shutter trainer , Fencing Generations Project, 2011.**

**- Member of the Sports Professions Syndicate from 2006 to date.**

**- Lecturer at the Syndicate of Sports Professions 2017**

***Teaching experiences:***

**- Taught the Principles of Sports Training Course for the First Division, Faculty of Physical Education, Mansoura University.**

**- studying Established physical preparation for the band the second College Education sports University Mansoura .**

**- studying Established Tests and Standards for the band The third is a college gum Education sports University Mansoura .**

**- studying Established Junior training for the band the third College Education sports University Mansoura .**

**- studying Established exercise physiology for the band the third College Education sports University Mansoura .**

**- studying Established Basketball is practical for the team's specialty the third College Education sports University Mansoura .**

**- studying Established Basics of fencing (1) the band the ole College Education sports University Mansoura .**

**- studying Established basics sports fencing (2) the band the second College Education sports University Mansoura .**

**- studying Established physical preparation for the first group College The Nursing University Mansoura .**

**- studying Established Field Training Scientific for the band the third College Education sports University Assiut .**

**- studying Established training field Scientific for the band the fourth College Education sports University Assiut .**

**- studying Established Episodes of scientific research problems for the band a fourth College Education sports University A siut .** **- studying Established basics sports fencing the band initial College Education sports University Assiut .**

**- studying Established sports fencing For the band's specialty the third College Education sports University Assiut .**

**- studying Established sports fencing For the band's specialty the fourth College Education sports University Assiut .**

***Published scientific research ( in the field of sports physiology ):***

**An individual published scientific research entitled "The effect of plyometric training on strength characteristic of speed and density of femoral bone minerals in fencing and fencing sword duels " in the Journal of the Faculty of Physical Education - Mansoura University 2010 AD.**

**- An individual published scientific research entitled "The effect of speed training on the effectiveness of the performance of the movements of the legs and stem cells for fencing" in the conference scientific international for college Education sports University Assiut " Science Sports in heart spring El Araby 2" in Hurghada 2013 AD . \_**

**- search scientific Shared post with Prof. Dr. Hamed Hussein Ahmed Entitled " A comparative study between the three weapons to measure the oxygen capacity using the Wingate test for female fencing juniors " in a magazine College Education Sports - University Assiut 201 5 m .**

**- search individual science Published Entitled " Measuring the efficiency of the vestibular apparatus and its impact on some physical and skill variables as a determinant for the selection of female fencing juniors " in the conference scientific international for college Education sports University Assiut " Science Sports in heart spring Arabi 3 " in Alexandria Year 4 2012 AD .**

***Published scientific research ( in the field of sports psychology ):***

**- An individual published scientific research entitled " mental rigidity as a predictor of the results of the matches of saber players under thirteen years old in the Arab Republic of Egypt", in the Journal of Science And Physical Education and Sports Arts ( THE ASSIUT JOURNAL OF SPORTS SCIENCE AND ARTS ) - Faculty of Physical Education - Assiut University 2016.**

***Published scientific research ( in the field of measurement and evaluation ):***

**- An individual published scientific research entitled “ STANDARDIZING AND SETTING STANDARD LEVELS FOR PHYSICAL OF SKILL BASED TESTS FOR MEASURING THE SPEED AND ACCURACY SOME TYPES OF RESPONSE SKILL FOR FLEURET PLAYERS” Regulating and setting standard levels for measuring the speed of response and the accuracy of physical tests of the player’s skill Blinds" in the Journal of Physical Education and Sports Sciences and Arts ( THE ASSIUT JOURNAL OF SPORTS SCIENCE AND ARTS ) - Faculty of Physical Education - Assiut University 2016**

***Scientific supervision:***

**1- Scientific supervision of a master's thesis by researcher / Abdel Masih Issa entitled "The effect of a proposed training program using station training on health fitness for the age journey from (10-12) years in Assiut Governorate" 2016.**

**2- Scientific supervision of a master’s thesis by researcher / Mahmoud Mohamed Ali Abdullah “ The effect of total body resistance training on some physical attributes and the level of skillful performance when I did not play the shutters weapon ” 2017 AD**

**3- Scientific supervision of a master’s thesis of the researcher / Doaa Mustafa Marra “ Bio-mechanical characteristics of the skill of the straight attack by throwing as a function of putting some qualitative exercises for the players of the blind gun ” 2018**

***Courses and certificates obtained:***

**A certificate of appreciation from the university regarding participation in the Universities Youth Week in Assiut in 2003.**

**A certificate of appreciation from the university regarding participation in the Universities Youth Week in Mansoura in 2005.**

**- Course of stadium injuries and ways to prevent them at the Sports Medical Center in the State of Kuwait in 2006.**

**- She holds a training course for new teachers at the Ministry of Education in the State of Kuwait in 2006.**

**- English language proficiency course ( TOFEL ) in 2008.**

**- Obtained a course dealing with interactive whiteboards and its programs in 2008.**

**- Certificate of Appreciation from Helwan University regarding excellence for the researcher in the union camp for the faculties of physical education in 2008.**

**- Specialized training course for weapons trainers in the General Syndicate of Sports Professions in 2009.**

**- She holds an educational course for faculty assistants at the Institute of Leaders Preparation in Helwan in 2009.**

**- She holds a university teacher preparation course at Mansoura University in 2011.**

**- She holds a training course at the Egyptian Red Crescent Society entitled " first aid " in 2011.**

**- Holds the third session of the program to support students' capabilities in the field of economic and social human rights at Assiut University in 2012.**

**- How to design an electronic course.**

**Statistical analysis course in scientific research.**

**How to write a competitive research project.**

**- A course on how to conduct scientific research.**

**- Communication skills course in learning styles.**

**Effective presentation cycle.**

**- Training course on how to monitor grades electronically for all academic teams at the Faculty of Physical Education, Assiut University for the year 2017.**

***Conferences, committees and scientific symposia:***

**- Participation in the scientific conference of the Faculty of Physical Education, Mansoura University, "systems and mechanisms for developing the physical education sector in Egyptian universities" in 2009.**

**- Participation in the scientific conference of the Faculty of Physical Education, Mansoura University, "Using trademarks for sports organizations" in 2009.**

**- Participation in the first conference of university students in Cairo in 2011.**

**- Participation in the first conference for teaching assistants and assistant teachers in Alexandria in 2011.**

**- Participation in the International Scientific Conference of the Faculty of Physical Education, Assiut University, in cooperation with the Physical Education Sector, for the Prince Mohammed bin Rashid Al Maktoum Award for "Creativity in the Sports Field" in 2012.**

**- Participation in the international scientific conference of the Faculty of Physical Education, Assiut University “Sports Sciences in the Heart of the Arab Spring 2” in Hurghada in 2013.**

**- Member of the Student Activities Restructuring and Student Support Systems Committee within the committees of the Continuous Development and Accreditation Project.**

**- Member of the faculty committee formed within the college's self-study preparation committees for the year / 2008/2009 & 2009/2010 AD.**

**- Coordinator of the Community Participation Committee within the committees of the continuous development and qualification project for accreditation in the college.**

**- Member of the Community Participation Committee within the department's continuous development and qualification project committees for accreditation.**

**- Member of the field training office in the department.**

**- Seminar on "Legal Aspects as an Introduction to Quality Assurance (Rights - Duties)".**

**- Seminar on "Regulation of Postgraduate Studies with Credit Hours System (Rules and Regulations)".**

**- Seminar on "Electronic Systems as an Entrance to Academic Accreditation".**

**- Symposium on "Developing Systems and Mechanisms for Supervising Scientific Theses in the Light of Scientific Research Strategy".**

**- Seminar on “Beneficiaries of College Services with Faculty Members, Students and Graduates of the College”.**

**- Seminar on "Rules of Promotion in the Light of the New System".**

**- Share in Conference scientific international for college Education sports University Assiut " Science Sports in heart spring Arabi 3 " Pal Alexandria Year 4 2012 AD .**

**- Member of the Community Participation Committee, Faculty of Physical Education, Assiut University, for the 2015-2016 academic year.**

**, Faculty of Physical Education, Assiut University, for the academic year 2017-2018.**

***Scientific workshops:***

**- Quality assurance and accreditation procedures at the Faculty of Physical Education, the reality and the hoped-for reality of the role of faculty members and their assistants during the academic year 2007/2008.**

**Using modern technological means in teaching.**

**Developing student assessment systems.**

**- Strategic Planning.**

**- How to prepare course descriptions and academic programs in light of the approved academic standards.**

**- How to prepare reports of academic courses and programs in light of the approved academic standards.**

**Duties and duties of the academic advisor.**

**How to prepare a self-study.**